

# YOU'RE AN OVERCOMER

Music: Overcomer by Mandisa, 3.43mins  
Choreography: Helen Reeson, August 2014  
Contact: [ulladullalinedancers@gmail.com](mailto:ulladullalinedancers@gmail.com)

Description: 32 Count, 4 Wall, Improver Level  
1 Easy Tag & 1 Restart (both at 12.00)

Intro: 32 count, then start dance on vocals

*Beats Description*

## **1-8 SIDE, TOG, KICK-BALL-CHANGE – R SHUFFLE, ROCK / RECOVER**

1,2,3&4 Step R to R side, L beside, R Kick-ball-change (weight on L)  
5&6,7,8 Shuffle to R side (RLR), Rock back on L, Replace weight fwd on R

## **9-16 FRIEZE L, CROSS – L SIDE SHUFFLE, ROCK BACK / RECOVER**

1,2,3,4 Step L to L side, R behind L, L to side, Cross R in front of L  
5&6,7,8 Shuffle to L side (LRL), Rock back on R, Replace weight fwd on L

## **17-24 FRIEZE ¼R, SCUFF – L FWD SHUFFLE, ROCK FWD / RECOVER**

1,2,3,4 Step R to R side, L behind R, Turn ¼R step R fwd, Scuff L fwd ... 3.00  
5&6,7,8 Shuffle fwd (LRL), Rock fwd on R, Replace weight back on L

## **25-32 R SIDE, HOLD-&-SIDE, HOLD-&-R SIDE, TCH, L SIDE, TCH**

1,2&3,4 Step R to R side, Hold (2), Together (&), R to R side (3), Hold (4)  
&5,6,7,8 Together (&), R Side (5), Tch L beside R, L Side, Tch R beside L

*Start again*

TAG: At end of Wall 4 - Add Hip Bumps R, L, R, L (4 counts) ... 12.00

RESTART: Wall 9 starts facing 12.00. Dance to cnt 16\*\*, then Restart ... 12.00

*Can be danced as a split floor with Mark Simpkin's great dance "OVERCOMER"*