

You and Me

Choreographed by Liz Gardiner

Music: You and Me – Lifehouse

Dance Description: 48 Counts, 2 Walls, Intermediate Level Waltz

Starts on lyrics after 12 counts, weight on R

3.14 mins BPM 140 Ver 2



2 tags

Tag 1 – end of wall 1, 3, 4, 5,

Tag 2 – end of wall 2

L Twinkle – R Twinkle

1-2-3 Cross L over R, Step R to R side, Recover L

4-5-6 Cross R over R, Step L to L side, Recover R

Cross – 1/8 R – Together – Back – 1/8 L – Together (like a fall away)

1-2-3 Cross L over R, Turn 1/8 R Step R back (10.30), Step L in place beside R, (10.30)

4-5-6 Step R back (10.30), Turn 1/8 L (9.00), Step R in place beside L (9.00)

Turn 1/8 L stepping L forward – 1/8 L turn stepping R together (like a fall away) – 1/4 L – 1/2 L – R forward

1-2-3 Turn 1/8 L stepping L forward, (7.30), Turn 1/8 L stepping R in place beside L (6.00),

Turn 1/4 L step L in place beside R (3.00)

4-5-6 Step R back (3.00), Turn 1/2 L stepping L forward, Step R forward, (9.00)

Forward 1/4 L Ronde – Cross Shuffle

1-2-3 Step L forward into a 1/4 L Ronde over two counts, (6.00)

4-5-6 Cross R over L, Step L slightly to L side, Cross R over L (cross shuffle)

Side Drag Together – Side Drag Together

1-2-3 Step L to L side, Drag R towards L, Step R together

4-5-6 Step L to L side, Drag R towards L, Step R together

Full Turn R – Cross Recover Side

1-2-3 Turn 1/4 R stepping R forward, Turn 1/2 R Stepping L back, Turn 1/4 R stepping R to R side, (full turn)

4-5-6 Cross L over R bending knee and on R diagonal, Recover R, Step L to L side (6.00)

R Forward – Pivot 1/2 L over 2 counts – R Forward – Pivot 1/2 L over 2 counts

1-2-3 Step R forward, Pivot 1/2 L over 2 counts, (12.00)

4-5-6 Step R forward, Pivot 1/2 L over 2 counts, (6.00)

Rock Recover 1/2 R – 1/2 R Pencil turn

1-2-3 Rock R forward, Recover L, Turn 1/2 R stepping R forward (12:00)

4-5-6 1/2 R Pivoting on L transferring weight to R, over 3 counts, (pencil turn) (6:00)

Tag 1 – end of wall 1, 3, 4, 5

1-2-3 Cross L over R, Step R to R side, Recover L (twinkle)

4-5-6 Cross R over R, Step L to L side, Recover R (twinkle)

Tag 2 – end of wall 2

1-2-3 Cross L over R, Step R to R side, Recover L (twinkle)

4-5-6 Cross R over L, Turn 1/4 R stepping L back, Turn 1/4 R stepping R to R side (6.00)

1-2-3 Cross L over R, Step R to R side, Recover L (twinkle)

4-5-6 Cross R over L, Turn 1/4 R stepping L back, Turn 1/4 R stepping R to R side (12.00)

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