

UNBREAKABLE

SONG: "UNBREAKABLE" MICKEY GUYTON

ALBUM: "UNBREAKABLE" EP

ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT

CHOREOGRAPHER: KIM McCLOUGHAN MUDGE NSW NOVEMBER 2015

Mudgee Gulgong Linedancers

BEATS	STEPS: this dance is done in FOUR directions Introduction: 16 beats
	ROCK STEPS, SWEEPS, QUICK PIVOT ½ L ¼ POINT
1-2 & 3-4 & 5-6	Rock R foot forward 45 degrees R, Rock back onto L foot and step R foot together. Rock L foot back 45 degrees L, Rock forward onto R and step L foot together. Sweep R foot forward to step R foot in front of L, Sweep L foot forward to step L foot in front of R.
7&8	Quick Pivot: Step R forward, Turn 180 degrees L put weight on L foot, 90 degrees L point R toe to the R side.
	CROSS & HEEL, CROSS ¼ HEEL, LOCK SHUFFLE, QUICK PIVOT ½ R STEP
1&2& 3&4&	Cross R over L, Step L to the L side touch R heel forward 45 degrees R, Step R to R side. Cross L over R, turn 90 degrees L stepping back onto R, Touch L heel forward 45 degrees L, step L back together.
5&6 7&8 #	Lock shuffle forward step R forward, Lock L foot behind R, Step R foot forward. Quick pivot turn: Step L foot forward, Pivot 180 degrees R, Step L foot forward.
	STEP, TWIST TURNS, COASTER, SHUFFLE, FULL TURN
1&2 3&4 5&6 7-8	Step R forward twist both heels R as you turn 90 degrees L, Twist both heels L as you turn 90 degrees turn R. Coaster step: Step back R, Step L together, Step forward R. Shuffle forward step: L-R L Turn 180 degrees L step back R, Turn 180 degrees L step forward L.
	ROCK STEP, WEAVE, ¼ TURN, ROCK STEP, ½ TURN, FULL TURN, STEP
1-2 &3&4 &5--6 &7-8	Cross rock R foot over L, Rock weight back onto L foot. Step R to R side, Step L over R, step R to R side, step L behind R. Turn 90 degrees R step R forward, Rock forward onto L foot, Rock back onto R foot. Turn 180 degrees L step L foot forward, Step R foot forward into a full 360 degree turn L, Step L foot forward.
32	REPEAT DANCE IN NEW DIRECTION
	RESTARTS : On wall 2 & wall 4 dance to beat 16 (#) and restart facing 9.00 & 6.00 respectively ENDING: Dance to count 14 (lock step) then step L forward pivot a turn a ¼ turn R then step L foot over R to end the dance.