Sweet Home Alabama

Count: 32 Wall: 4 Level: Beginner

Choreographer: Laura Rittenhouse (AUS) – January 2023

Music: Sweet Home Alabama by Lynyrd Skynyrd

Start after 32 beats

S1: HALF CIRCLE TURN WITH SHUFFLES, DRAG R & L

1&2,3&4 Making a ¼ turn L shuffle R,L,R (step R forward, Step L beside R, Step R forward) (9:00), Continuing turning L shuffle L,R,L (6:00)

5,6,7,8 Step R to R, Drag L beside R, Step L to L, Drag R beside L

S2: HALF CIRCLE TURN WITH SHUFFLES, DRAG R & L

1&2,3&4 Making a ¼ turn L shuffle R,L,R (3:00), Continuing turning L shuffle L,R,L (12:00)

5,6,7,8 Step R to R, Drag L beside R, Step L to L, Drag R beside L

S3: LOCK FORWARD R & L; DRAG BACK AT DIAGONALS R & L

1&2,3&4 Step R forward, Lock L behind, Step R forward, Step L forward, Lock R behind, Step L forward

5,6,7,8 Step R back diagonal, Drag L beside R, Step L back diagonal L, Drag R beside L

S4: LINDY R, LINDY L USING BACK CROSS ROCK TO TURN ¼ R

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R

5&6,7,8 Step L to L, Step R beside L, Step L to L, Turning ¼ R cross rock R behind L (3:00), Recover on L