

## Sunday Best

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Count: 32

Wall: 4

Level: Advanced

Choreographer: Hiroko Carlsson (Grafton, Australia) June 2020

Music: Sunday Best by Surfaces - Available on iTunes

Please feel free to contact me if you need any further information.

(hirokoclinedancing@gmail.com)

(Start on lyrics "good" / 32 counts intro)

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### **[S1] Prissy Walk, Heel Swivel, Lift, Back Rock-1/2-Side Rock**

1 2 3 Prissy walk - Step forward on R, Step forward on L, Step forward on R

4&5 Step forward on L and swivel both heels in, Swivel both heels out, Swivel both heels in

6 Lift L foot and recover weight on R

7&8 Rock back on L, Recover weight on R, Make a 1/2 turn right slightly stepping back on L (6:00)

&1 Rock R to the side, Recover weight on L

### **[S2] Cross Rock, Side-Cross (Touch)-Split-1/4L-Together, Heel Slide, Back Rock**

2& Rock R across L, Recover weight on L

3& Step R to the side, Touch L toe across R

4 Split your feet side to side (shoulder length)

&5 Make a 1/4 turn left stepping R in place, Step L together (3:00)

6 7 Sliding R heel forward while leaning back over 2 counts

8& Rock back on R, Recover weight on L

### **[S3] 1/2L, Hitch, Back Rock-Side Rock, Cross, Hip Hitch, Side Rock, Paddle Turn**

1 2 Step forward on R and making a 1/2 turn left, Lift L knee (9:00)

3&4& Rock back on L, Recover weight on R, Rock L to the side, Recover weight on R

5 6 Cross L over R, Hitch R knee/ hip bump to the right

7& Rock R to the side, Recover weight on L

8& Step forward on R, Make a 1/4 turn left recover weight on L (6:00)

### **[S4] Cross, 1/4R, 1/2R Shuffle, 1/2R-Together, Quick Turn, Shuffle Fwd**

1 2 Cross R over L, Make a 1/4 turn right stepping back on L

3&4 Making a 1/2 turn right shuffle forward R-L-R (3:00)

&5 Swiftly make a 1/2 turn right stepping back on L, Step R together (9:00)

6& Step forward on L, Make a 1/2 turn left stepping back on R

7&8 Making a 1/2 turn left shuffle forward L-R-L (9:00)

(updated: 8/June/20)