

# SHOUT OUT 2 MY EX



<b>Song</b>	<b>Shout Out to my Ex</b>	<b>Artist</b>	<b>Little Mix</b>		<b>Album</b>	<b>iTunes single</b>	
<b>Level</b>	Intermediate	<b>Type</b>	Line Dance	<b>Beats</b>	64	<b>Walls</b>	4
<b>Other Information</b>	Begin dance 4 beats in – this is a Shout Out to My, begin on lyric 'Ex'						
<b>Choreographed by</b>	Tim Gauci, BROKEN HILL NSW 2880			<b>Date</b>	January 2017		

<b>Beats</b>	<b>Step Description</b>	
<b>1-8</b>	<b>STEP, HOLD, TOG, WALK, WALK, FWD, ROCK, COASTER STEP</b>	
12&34	Step L fwd, hold, step R tog (&), walk fwd L,R	12.00
567&8	Step L fwd, rock weight onto R, step L back, step R tog (&), step L fwd	12.00
<b>9-16</b>	<b>STEP, PADDLE, CROSS SHUFFLE, ¼, ¼, FWD SHUFFLE</b>	
123&4	Step R fwd, paddle ¼ turn L, cross shuffle R over L (RLR)	9.00
567&8	Making ¼ turn R step L back, making ¼ turn R step R to R, shuffle fwd LRL	3.00
<b>17-24</b>	<b>FWD, ROCK, BACK SHUFFLE, BACK, TOUCH, BACK, TOUCH, COASTER STEP</b>	
123&4	Step R fwd, rock weight back onto L, shuffle back RLR	3.00
&5&67&8	Step L back (&), touch R toe fwd, step R back (&), touch L toe fwd, step L back, step R tog (&), step L fwd	3.00
<b>25-32</b>	<b>ROCKING CHAIR, STEP, PIVOT ½, STEP, PIVOT 225DEG</b>	
1234	Step R fwd, rock weight back onto L, step R back, rock weight fwd onto L	3.00
5678	Step R fwd, pivot ½ turn L**, step R fwd pivot 225deg L (to the diagonal)	1.30
<b>33-40</b>	<b>WALK, WALK, FWD COASTER, BACK, ½, SHUFFLE FWD</b>	
123&4	Walk fwd R,L, step R fwd, step L tog (&), step R back	1.30
567&8	Step L back, making ½ turn R step R fwd, shuffle fwd LRL	7.30
<b>41-48</b>	<b>WALK, WALK, FWD COASTER, BACK, ½, 45DEG SIDE SHUFFLE</b>	
123&4	Walk fwd R,L, step R fwd, step L tog (&), step R back	7.30
567&8	Step L back, making ½ turn R step R fwd, making 45deg turn R shuffle L to L side LRL (straighten up to 3.00 wall)	3.00
<b>49-56</b>	<b>SAILOR STEP, SAILOR STEP, R JAZZBOX</b>	
1&23&4	Step R behind L, step L to L (&), step R to R, step L behind R, step R to R (&), step L to L	3.00
5678	Cross R over L, step L back, step R to R, step L fwd	3.00
<b>57-64</b>	<b>STEP, LOCK, STEP, STEP, PIVOT ½, STEP, LOCK, STEP, ½, ½, TOG</b>	
1&234	Step lock shuffle fwd RLR, step L fwd, pivot ½ turn R	9.00
5&678&	Step lock shuffle fwd LRL, making ½ turn L step R back, making ½ turn L step L fwd, step R tog (&)	9.00
<b>64 Beats</b>	<b>Repeat dance in new direction</b>	

**Restart on wall 2** – dance up to beat 31\*\*, on beat 32 make a ½ turn L to 12.00 wall and restart

**Tag at the end of wall 3** – add the following 8 beats – restart dance from beginning 9.00 wall;

**1234** Step L fwd, rock weight back onto R, step L back, rock weight fwd onto R,

**5678** Step L fwd, pivot ½ turn R, step L fwd, pivot ½ turn R

**Restart on wall 5** – dance up to beat 31\*\*, on beat 32 make a ½ turn L to 9.00 wall and restart

**Tag at the end of wall 7** – add the following 4 beats – restart dance from beginning 3.00 wall;

**1234** Step L fwd, rock weight back onto R, step L back, rock weight fwd onto R

**Enjoy ☺**

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