

Shivers Ed- Ab

Absolute Beginner, 32 Count, 4 Walls No Tags Or Restarts

Choreographed By Annemaree Sleeth Australia September 2021

Music: Shivers By Ed Sheeran

This Is Written For My Students At Sherbrooke U3a Australia

SPLIT FLOOR TO OTHER DANCES OUT THERE

Intro 32 Counts 14 Secs in Begin on "Heart "

S1 (1- 8) DIAG FORWARD TOE STRUTS x 2, BACK 4

1 – 2 Touch Right Toe Diag Forward , Drop Right Heel

3 – 4 Touch Left Toe Diag, Drop Left Heel

5 – 6 Run/Step Back Right, Run/Step Back Left (on Chorus Rolling hands back and slightly Bending

7 – 8 Run/Step Back Right, Step Back Left

Easier Option Counts 1-4 Diagonally Step Right Forward Hold, Diagonally Step Left Forward Hold

S2 (9 -16) DIAG FORWARD STEP TOE STRUTS x 2 SIDE, TOGETHER

1 – 2 Touch Right Toe Forward , Drop Right Heel

3 – 4 Touch Left Toe Forward , Drop Left Heel

5 – 6 Bending down slightly Step Right Side, Hold

(5-7) Shimmies are Here

7 – 8 Straightening Up Step Left Beside Right, Hold (Wgt Left)

(8) Cross Arms Chest

Easier Option Sec 1 and 2

Counts 1-4 Step R Forward, Hold, Step L Forward Hold

Optional Styling

Add Shoulder Shimmies on Counts 5-8 During The Chorus - When He Sings Give Me Shivers

During Walls 4 (F3) & Wall 5 (F12)

BOTH During Walls 9 (F12.00) & Wall 10 (F 9.00) During Walls 13 (F12.00) Wall 14 (F9.00)

On Toe Struts

Point Right Arm Out and Above, Same on Left Toe Strut Use Left Arm

Roll Arms Back on Back Steps

S 3 (17 -24) SIDE TOUCH , SIDE TOUCH, VINE, OUT

1 – 2 Step Right Side, Touch Left Together

3 – 4 Step Left Side, Touch Left Together

5 – 6 Step Right Side, Cross Left Behind Right

7 – 8 Step Right Side, Step Left Out

S4 (25 – 32) TOE TAPS. ¼ LEFT, BOOGIE WALKS X4 Or PRISSYS

1 – 2 Tap Right Toe Forward , Step Right Beside Left

3 – 4 Turn ¼ Left (9.00) Tap Left Toe Forward, Step Left Beside Right (9.00)

5 – 6 Crouching/Stepping Forward On Balls Of Feet Swivel Action Forward Right, Left

7 – 8 Crouching/Stepping Forward On Balls Of Feet Swivel Action Forward Right, Left

Using Arms out to sides on Boogies/Prissys

To Finish to Front

Wall 14 Faces 9 00 Last Wall, Dance To Count 26 ¼ Toe Tap then Run/Boogie Walks x 4 ½ Left

To Face Front Step Left Foot Forward, Hands In Together Then Out on a TaaDaah move 😊