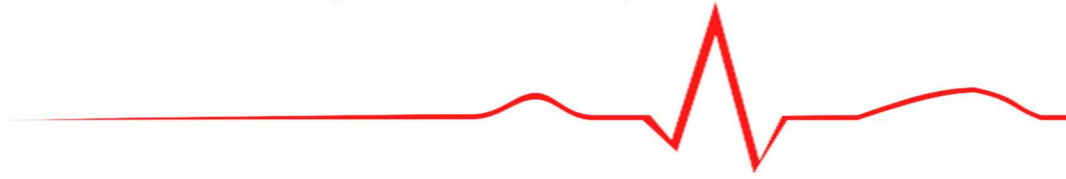


Rhythm of My Heart



REVISED SHEET 2019

WRITTEN BY: DIANA BISHOP

SONG & ARTIST: RHYTHM of my HEART by ROD STEWART

2 WALL UPPER BEGINNER 32 COUNTS

BEATS _____ COUNTS

1.2.3&4

TAP, TAP, TRIPLE STEP ON SPOT

TAP R TOE TO R SIDE X 2

STEP R,L,R IN PLACE

5.6.7&8

TAP, TAP, TRIPLE STEP ON SPOT

TAP L TOE TO L SIDE X 2

STEP L,R,L IN PLACE

1.2.3&4

FWD, BACK, SHUFFLE BACK,

STEP FWD R, BACK ON L, SHUFFLE BACK ON R,L,R

5.6.7&8

BACK, FWD, SHUFFLE FWD

BACK ON L, FWD ON R, SHUFFLE FWD ON L,R,L

1.2.3&4

½ PIVOT L, STEP, SHUFFLE

STEP R FWD TURN ½ L, STEP L FWD, SHUFFLE FWD ON R,L,R

5.6.7&8

WALK, WALK, SHUFFLE

STEP L FWD, STEP R FWD, SHUFFLE FWD ON L,R,L

1.2.3&4

ROCK R TO L, CROSS SHUFFLE

ROCK TO R ON R, RECOVER ON L, CROSS SHUFFLE TO L ON R,L,R

5.6.7&8

ROCK L TO R, CROSS SHUFFLE

ROCK TO L ON L, RECOVER ON R, CROSS SHUFFLE TO R ON L,R,L

1.2.3.4

HIP SWAYS

STEP R TO R, SWAY HIP TO R, THEN, L,R,L

5.6.7.8.

DOUBLE HIPS TO R, DOUBLE HIPS TO L

2 HIP BUMPS TO R, 2 HIP BUMPS TO L

32 COUNTS