

# Pleasure and Pain

Count: 80                      Wall: 2                      Level: Low Intermediate

Choreographer: Ann Quinn (Sydney) April 2013

Music: DJ Yogi fY UbX DUjbnWmDivinyls fB`Vi a . DggYbh]U`% \* `Vda`

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Count in: 32 counts from start of track. Dance begins on vocals.

No tags or restarts.

## SECTION 1: STEP R, LOCK, LOCK SHUFFLE, ROCK FORWARD, REPLACE, ½ TURN LEFT TRIPLE STEP

1   2	Step forward R, Lock L behind R	12:00
3&4	Step forward R, Lock L behind R (&), Step forward R	
5   6	Rock forward L, replace on R	
7&8	Turn ½ left stepping L, R beside L (&), L beside R	6:00

## SECTION 2: STEP R, LOCK, LOCK SHUFFLE, ROCK FORWARD, REPLACE, ½ TURN LEFT TRIPLE STEP

1   2	Step forward R, Lock L behind R	
3&4	Step forward R, Lock L behind R, Step forward R	
5   6	Rock forward L, replace on R	
7&8	Turn ½ left stepping L, R beside L (&), L beside R	12:00

## SECTION 3: SYNCOPATED VINE RIGHT, ROCK BACK, REPLACE, KICK BALL CROSS

1   2	Step R to right side, step L behind R	
&3-4	Step R to right side (&), cross L over R, step R to right side	
5   6	Rock back L behind R, replace on R	
7&8	Kick L to left diagonal, step L back (&), cross R over L	12:00

## SECTION 4: SYNCOPATED VINE LEFT, ROCK BACK, REPLACE, KICK BALL CROSS

1   2	Step L to left side, step R behind L	
&3-4	Step L to left side (&), cross R over L, step L to left side	
5   6	Rock back R behind L, replace on L	
7&8	Kick R to right diagonal, step R back (&), cross L over R	12:00

## SECTION 5: VINE ¼ TURN, ¾ TURN, BEHIND SIDE CROSS

1   2	Step R to right side, step L behind R	
3   4	Turn ¼ right stepping R forward, step forward L	3:00
5   6	Turn ½ right placing weight on R, turn ¼ right stepping L to side	12:00
7&8	Step R behind L, step L to left side (&), cross R over L	

SECTION 6: SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE FORWARD

1 - 2            Rock L to left side, replace on R  
3&4            Step L behind R, step R to right side (&), cross L over R  
5 | 6            Rock R to right side, replace on L  
7&8            Step R behind L, step L to left side (&), step R forward            12:00

SECTION 7: ROCK FORWARD, REPLACE, & ROCK FORWARD, PIVOT LEFT, STEP R, TAP L HEEL, STEP L, TAP R HEEL

1 | 2            Rock L forward, replace on R  
&3-4            Step L beside R (&), rock forward R, pivot ½ turn left (weight on L)    6:00  
5 - 6            Step R to right, tap left heel to left diagonal  
7 - 8            Step L to left, tap right heel to right diagonal                            6:00

SECTION 8: ROLLING VINE RIGHT, ROLLING VINE LEFT

1 - 2            Turn ¼ right stepping R, turn ½ right stepping back L                    3:00  
3 - 4            Turn ¼ right stepping R to side, touch L next to R (with clap)            6:00  
5 | 6            Turn ¼ left stepping L, turn ½ left stepping back R                        9:00  
7 | 8            Turn ¼ left stepping L to side, touch R next to L (with clap)            6:00

SECTION 9: CHASSÉ RIGHT, BACK, REPLACE, CHASSÉ LEFT, BACK, REPLACE

1&2            Step R to right side, step L beside R (&), step R to right side  
3 | 4            Rock back L behind R, replace on R  
5&6            Step L to left side, step R beside L (&), step L to left side  
7 | 8            Rock back R behind L, replace on L    6:00

SECTION 10: SHUFFLE FORWARD, PIVOT R, SHUFFLE FORWARD, PIVOT LEFT

1&2            Step R forward, step L next to R (&), step R  
3 | 4            Step forward L, pivot ½ turn right    12:00  
5&6            Step L forward, step R next to L (&), step L forward  
7 -8            Step forward R, pivot ½ turn left    6:00

Ending: 8i f]b[ 6YV]cb' - ŃcZ 6<sup>th</sup> sequence, after left chassé, step on spot R, L, on counts 71, 72 | ]bghYUX'cZ' 6UWžfYd'UWŃ

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