

ONE LESS DAY

Choreographer: Tom Glover (AUS) May 2019

Description: 32 Count, 4 Wall, *Level* -Improver

Music: Rob Thomas – “One Less Day “(Dying Young)

Dance begins after 32 counts.

Right Side Recover, Cross Shuffle, Left Side Recover, Cross Shuffle.

1 - 2 Step Right to Right side, recover onto Left,
3&4 Cross shuffle to the Left, Right-Left-Right,
5- 6 Step Left to Left side, recover onto Right,
7&8 Cross shuffle to the Right, Left-Right-Left. **

Side 1/4 Left, 1/4 Left Shuffle, Behind 1/4 Right, Forward, 1/2 Pivot.

1 - 2 Step Right to Right side, turn 1/4 Left and step Left to Left side,
3&4 Turn 1/4 Left and shuffle to Right, Right-Left-Right.
5- 6 Step Left behind Right, step forward onto Right as you turn 1/4 Right,
7 -8 Step Left forward, pivot 1/2 turn Right.

Diagonal Touches, Rock/Replace, Shuffle Back.

1 - 2 Step Left to Left diagonal, touch Right beside Left,
3 - 4 Step Right to Right diagonal, touch Left beside Right,
5 -6 Step Left forward, rock back onto Right,
7&8 Shuffle back, Left- Right-Left.

Back Rock, Kick-Ball-Change, Step Right-Left, Kick-Ball-Cross.

1 - 2 Rock back onto Right, rock forward onto Left,
3&4 Kick Right forward, step onto ball of Right, step Left slightly forward,
5 -6 Walk forward Right - Left,
7&8 Kick Right forward, step onto ball of Right, cross Left over Right.

32

** *During walls 5 and 7 – restart after first 8 counts of the dance.*

First restart facing the front.

Second restart facing 3 o'clock.

FINISH

Do your 1/4 shuffle, Right-Left-Right, to the back wall, Left behind Right, 1/4 forward onto Right, step forward onto Left, pivot 1/4 Right to the front. Step Left together.