

# One Girl Can Change The World

Count: 64 counts

Wall: 2

Level: Improver

Choreographers: **Kate Simpkin & Melissa Foong**

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Music: "One Girl Can Change The World" by Shuree Rivera

Introduction: 16 Beats. There is 1 restart on wall 3 after 16 counts (##) then restart facing the BACK.

Dance starts with weight on left.



## **WALK FORWARD, WALK FORWARD, FORWARD COASTER, BACK, BACK, BEHIND SIDE CROSS**

- 1, 2 STEP R FORWARD, STEP L FORWARD
- 3 & 4 STEP R FORWARD, STEP L TOGETHER, STEP R BACK
- 5, 6 STEP L BACK, STEP R BACK
- 7 & 8 STEP L BEHIND RIGHT, STEP R SIDE, STEP L ACROSS RIGHT (12.00)

## **SIDE ROCK, CROSS SHUFFLE, BACK 1/4R, SIDE 1/4R, CROSS SHUFFLE**

- 1, 2 STEP R TO THE SIDE, SIDE ROCK ONTO L
- 3 & 4 STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT
- 5, 6 TURNING 1/4R STEP BACK ON L, TURNING 1/4R STEP R TO THE SIDE
- 7 & 8 ## STEP L ACROSS IN FRONT OF RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT. (6.00)

## **SIDE TOUCH, KICK BALL CROSS, SIDE TOUCH, KICK BALL CROSS**

- 1, 2 STEP R TO THE SIDE, TOUCH L BESIDE R
- 3 & 4 KICK L, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT
- 5, 6 STEP L SIDE, TOUCH R BESIDE L
- 7 & 8 KICK R, STEP R SIDE, STEP L ACROSS In FRONT OF RIGHT (6.00)

## **1/4R FORWARD, 1/2R BACK, COASTER STEP, FORWARD, 1/2L BACK, SHUFFLE BACK**

- 1, 2 STEP R FORWARD WITH 1/4R TURN, STEP L BACK WITH 1/2R TURN
- 3 & 4 STEP R BACK, STEP L TOGETHER, STEP R FORWARD
- 5, 6 STEP L FORWARD, STEP R BACK WITH 1/2L TURN
- 7 & 8 STEP L BACK, STEP R BACK TOGETHER, STEP L BACK (9.00)

## **BACK ROCK, FULL TURN FORWARD, FORWARD SHUFFLE, PADDLE TURN(1/4R)**

- 1, 2 STEP R BACK, ROCK FORWARD ONTO L
- 3, 4 STEP R BACK WITH 1/2L TURN, STEP L FORWARD WITH 1/2L TURN
- 5 & 6 STEP R FORWARD, STEP L TOGETHER, STEP R FORWARD
- 7, 8 STEP L FORWARD, TURN 1/4R TAKE WEIGHT ONTO R (12.00)

**CROSS SAMBA, CROSS TOUCH, 1/2L SAILOR STEP, PIVOT TURN**

1 & 2        STEP L ACROSS RIGHT, ROCK R TO R SIDE, RECOVER ONTO L  
3, 4        STEP R ACROSS LEFT, TOUCH LEFT TO THE SIDE  
5 & 6        TURN 180° LEFT STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L TO THE SIDE  
7, 8        STEP R FORWARD, TURN 1/2L TAKE WEIGHT ONTO L (12:00)

**WALK, WALK, SHUFFLE FORWARD, PIVOT TURN, SHUFFLE FORWARD**

1, 2        STEP R FORWARD, STEP L FORWARD  
3 & 4        STEP R FORWARD, STEP L NEXT TO RIGHT, STEP R FORWARD  
5, 6        STEP L FORWARD, TURN 1/2R TAKE WEIGHT ONTO R  
7 & 8        STEP L FORWARD, STEP R NEXT TO LEFT, STEP L FORWARD (6.00)

**PIVOT TURN, PIVOT TURN, FORWARD KICK, BACK TOUCH**

1, 2        STEP R FORWARD, TURN 1/2L TAKE WEIGHT ONTO L  
3, 4        STEP R FORWARD, TURN 1/2L TAKE WEIGHT ONTO L  
5, 6        STEP R FORWARD, KICK L FORWARD  
7, 8        STEP L BACK, TOUCH R NEXT TO LEFT(6.00)

REPEAT THE DANCE IN NEW DIRECTION