

OLD FASHIONED SONG



WRITTEN BY: DIANA BISHOP

SONG & ARTIST: SING ME AN OLD FASHIONED SONG by NIAMH LYNN

2 WALL QUICK UPPER BEGINNERS DANCE 32 COUNTS

BEATS

STEPS

1.2.3.4

CHARLSTON STEP

TAP R FWD, STEP R BACK, TAP L BACK, STEP L FWD

5.6.7.8.

CHARLSTON STEP

TAP R FWD, STEP R BACK, TAP L BACK, STEP L FWD

1.2.3.4

STEP LOCK STEP, HOLD

STEP R FWD, STEP L NEXT TO R, STEP R FWD, HOLD

5.6.7.8.

STEP LOCK STEP, HOLD

STEP L FWD, STEP R NEXT TO L, STEP L FWD, HOLD

1&2&3&4

L FOOT SHOULD BE STEPPED AHEAD OF R FOOT, FAN R HEEL TO R STEP R HEEL DOWN

FAN L HEEL TO L, STEP L HEEL DOWN, FAN R HEEL TO R STEP R HEEL DOWN, FAN L HEEL

TRANSFER WEIGHT TO R TOES PUSH R HEEL OUT TO R, BRING R HEEL BACK TO CENTRE, STEPPING WEIGHT ON R HEEL

TRANSFER WEIGHT TO L TOES PUSH L HEEL OUT TO L, BRING L HEEL BACK TO CENTRE, STEPPING WEIGHT ON L HEEL

TRANSFER WEIGHT TO R TOES PUSH R HEEL OUT TO R, BRING R HEEL BACK TO CENTRE, STEPPING WEIGHT ON R HEEL

FAN L HEEL OUT TO L

5.6.7.8

STEP LOCK STEP, HOLD

STEP L FWD, STEP R NEXT TO L, STEP L FWD, HOLD

1.2.3.4

STEP LOCK STEP, HOLD

STEP R FWD, STEP L NEXT TO R, STEP R FWD, HOLD

5&6&7&8

TURNING ½ TO L HEEL TOG- HEEL TOG- HEEL TOG- TAP

TAP L HEEL, TURN ¼ TO L, STEP L DOWN, R HEEL TAP FWD,

TURNING ¼ L STEP R NEXT TO L, LEFT HEEL FWD, STEP L TO CENTRE, TAP R NEXT TO L, SHOULD BE ON BACK WALL

START AGAIN