NO WHERE TO GO

SONG:	STILL RUNNING
ARTIST:	CLAIRE BOWEN & TINA ARENA
ALBUM:	GREATEST HITS AND INTERPRETATIONS
CHOREOGRAPHER:	MICHAEL VERA-LOBOS APRIL 2017, SYDNEY AUSTRALIA
ORIGINAL POSITION:	FEET SLIGHTLY APART WEIGHT ON LEFT START ON VOCALS 32 COUNT INTRO

BEATS: STEPS: 2 WALL INTERMEDIATE DANCE 0:00

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1 – 8	**CRADLE ROCK, STEP FWD R, ½ PIVOT L , STEP FWD , ½ R**
1,2,3,4	Rock fwd R, Replace wt on L, Rock back R, Rock fwd L (12:00)
5,6,7,8	Step fwd R, Pivot ½ L (6:00), Step fwd R, Turning ½ R Step back on L (12:00)
9 – 16	**¼ R , DRAG, BALL CROSS, ¼ R, ROCK BACK, REPLACE, FULL SPIN FWD L**
1,2&3,4	Turning ¼ R Step R to R, Drag L towards R & Stepping onto L Cross R over L, Turn ¼ R stepping back on L (End facing 6:00)
5,6,7,8	Rock back R, Replace wt fwd on L, Turn a full spin fwd L Stepping on R then L (6:00)
17 – 24	**SHUFFLE FWD R, ROCK FWD L, REPLACE, STEP BACK, DRAG TOWARDS & STEP BESIDE, ROCK BACK L, ROCK FWD R**
1&2,3,4	Shuffle fwd R Stepping R,L,R, Rock fwd L, Replace Wt back on R (6:00)
5,6&7,8	Step back L, Drag R towards L & Stepping R beside L, Rock back L, Rock fwd R (6:00)
25 – 32	**CROSS SAMBA, CROSS, ¼ R, ¼ R, DRAG TOWARDS, BALL CROSS, STEP SIDE**
1&2,3,4	Cross L over R & Rock R to R, Replace Wt on L, Cross R over L, Turn ¼ R Stepping back on L (9:00)
5,6&7,8	Turning a further ¼ R End with R to R, Drag L towards R & Stepping L beside R Cross R over L, Step L to L side (12:00)
33 – 40	**ROCK BEHIND, REPLACE & STEP SIDE, TOUCH BEHIND, ¾ UNWIND L, STEP FWD R, ½ PIVOT L, STEP FWD, DRAG TOWARDS**
1,2&3,4	Rock R behind L, Replace Wt fwd on L & Stepping R to R side touch L behind R, Unwind ¾ L (3:00) Wt L
5,6,7,8	Step fwd R, Pivot ½ L (9:00), Step fwd R, Drag L towards R (9:00)
41 – 48	**STEP BACK, SWEEP SIDE, R SAILOR, STEP BACK, SWEEP SIDE, R COASTER**
1,2,3&4	Step back L, Sweep R to R side, Cross R behind L & Rock L to L, Replace Wt on R (9:00)
5,6,7&8	Step back L, Sweep R to R side, Step back R & Step L beside R, Step fwd onto R (9:00)
49 – 56	**STEP, LOCK BEHIND, STEP FWD, ¼ HITCH L, CROSS, ¼ R, ¼ R, CROSS**
1,2,3,4	Step fwd L, Lock R behind L, Step fwd L, Turning ¼ L on L Hitch R (6:00)
5,6,7,8	Cross R over L, Turning ¼ R Step back on L, Turn a further ¼ R on R, Cross L over R (12:00)
57 – 64	**SIDE ROCK, REPLACE & SIDE ROCK, REPLACE, BALL STEP, ½ PIVOT L, FULL SPIN FWD L**
1,2&3,4	Side Rock R, Replace & Stepping R beside L Rock L to L side, Replace wt on R & Step L beside R (12:00)
5,6,7,8	Step fwd R, Pivot ½ L (6:00), Full Spin fwd over L Stepping R then L (6:00)
Restart & Tag :	On Wall 2 dance to count 46 then cross R behind L & Turn ¼ L on L (Restart dance facing 6:00)
Finish –	Dance will finish on front Wall on final Count

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