



Not Dancing Alone

64 Count, 4 Wall, Beginner Line Dance (110 bpm)

Music~ Dancing Alone (feat. Les Royal Pickles) by Rigby Summer (3:24) available on itunes

Choreographer ~ Ryan Lea

Start with Banjo after Count of 6, on Lyrics 'Dancing Alone'

BEATS STEPS

1-8 SIDE TOGETHER, SIDE, HOLD; 1/4 TURN SIDE TOGETHER, SIDE, HOLD

1- 4 Step R to right side, step L beside R, Step R to right side, hold

5- 8 1/4 R turn step L to left side, step R beside L, Step L to left side, hold (3.00)

9-16 BACK, BACK, BACK, HOLD; BACK COASTER, HOLD

1- 4 Step R back, step L back, step R back, hold

5- 8 Step back L, step R next to L, step forward L, hold

17-24 SIDE TOGETHER, SIDE, HOLD; 1/4 TURN SIDE TOGETHER, SIDE, HOLD

1- 4 Step R to right side, step L beside R, Step R to right side, hold

5- 8 1/4 L turn step L to left side, step R beside L, Step L to left side, hold (6.00)

25-32 BACK, BACK, BACK, HOLD; BACK COASTER, HOLD

1- 4 Step R back, step L back, step R back, hold

5- 8 Step back L, step R next to L, step forward L, hold

33-40 VINE RIGHT, HOLD; VINE LEFT, HOLD

1- 4 Step R to the side, step L behind R, step R to the side, hold

5- 8 Step L to the side, step R behind L, step L to the side, hold

41- 48 DIAGONAL STEP TOUCH FORWARD & BACK (K-STEP)

1- 4 Step R to right front diagonal, touch L beside R, Step L to left back diagonal, Touch R beside L

5- 8 Step R to right back diagonal, touch L beside R, Step L to left front diagonal, Touch R beside L

49-56 1/4 TURN, CROSS, HOLD; SIDE ROCK CROSS, HOLD

1- 4 Step R forward, 1/4 turn left, cross R over L, hold

5- 8 Step L to side, recover weight onto R, cross L over R, hold (3.00)

57-64 1/2 PIVOT TURN, STEP, HOLD; FORWARD ROCK, BACK, TOGETHER

1- 4 Step R forward, 1/2 turn left replace weight onto L, step R forward, hold

5- 8 Rock forward L, recover onto R, step back L, step R beside L (9.00)

START AGAIN

ENDING ~ Wall 5 (facing FRONT) Music slows down, so slowly dance up to Count 28 with a turn to the front

Relaxing dance to something Jazzy