

NO PLEASIN' – YOU!

Count: 32 **Wall:** 4 **2 Tag Level: High Beginner Dance Moves CW**

Choreographer: Annemaree Sleeth November 2014 (Australia)

Music: No Pleasin by Boom! Bap! Pow! Single . iTunes: Length: 2.52, BPM: ?

Email: inlinedancing@gmail.com Website www.inlinedancing.webs.com

video on annemaree sleeth youtube <https://www.youtube.com/user/frederina521>

Note to instructors. You will hear what seems like another Tag on wall 6 facing 9.00.

I have chosen to ignore it, and the dance finishes now finishes at front

For Intro Have fun with steps prissys forward and back

32 beats . Ideas Prissys forward and back make a pose on the chika bit ☺

Section 1 R SHUFFLE, BACK, RECOVER, SIDE DIAGONAL TOUCHES

1 & 2 Flick R foot Step R side, step L beside R, step R side - Right Shuffle,

3 – 4 R Step back L, recover R,

5 – 6 Step L side dip down as step L side , touch on diag R (snap fingers) angle body on touches

7 – 8 Step on R side bending knees touch L diag L

Option : Angle arms across body on side diag touches) as in video

SECTION 2 SHUFFLE BACK RECOVER SIDE TOUCHES ACROSS

1 & 2 Step left side, step R together, step L side - Left Shuffle,

7 – 8 R Step back R, recover L,

7 – 8 Step R side bending knees and dipping down , touch L to L diag

7 – 8 Step L side bending knees and dipping down, touch R diag or forward

SECTION 3 PRISSYS, ROCKING CHAIR

1 – 2 Cross R forward, cross L forward (twisting feet as you move and arms moving out to the sides)

3 – 4 Cross R forward cross L forward

5 – 6 Step R forward, recover L,

7 – 8 Rock R back, recover L

SECTION 4 JAZZ BOX CROSS ¼ R , DOUBLE HIPS

1 – 2 Cross R over L, Turn ¼ R Step L back

3 – 4 Step R side, cross L over R

5 & 6 Step R side bumping hips twice -double hips

7 & 8 Step L side bumping hips twice –double hips (hip roll)

TAG 24 Counts 8 counts Part 1 - 16 counts Part 2

End of Wall 2 Facing 6.00 & End Of Wall 4 facing 12.00

PART 1 GO GO ARMS 8 counts

1 – 8 Stand With Both feet apart bending bending knees for 8 counts and add these arms movements

Arm Movements

1 – 2 Right arm up , with left arm down,(2) left arm up, right arm down leaning forward

3 – 4 Right arm up , with left arm down,(4) left arm up, right arm down leaning forward

5 – 6 Right arm up , with left arm down,(6) left arm up, right arm down leaning forward

7 – 8 Right arm up , with left arm down, (8)left arm up, right arm down leaning forward

PART 2 HINGE SIDE TOGETHER ½ TURNS (or HIP BUMPS) 16 counts Only Danced On Side Walls

1 – 4 9.00 Turn ¼ L step R side together, step R side ½ turn R hitch L foot facing 3.00

5 – 8 3.00 step L side, step L together, step left side, ½ turn L hitch R foot facing 9.00

1 – 4 9.00 Turn ¼ L step R side together, step R side ½ turn R hitch L foot facing 3.00

5 – 8 3.00 step L side, step L together ,9.00 **change these 2 steps 1/4 L step left forward, flick R 12.00**

Option on Part 2 Hip Bumps ½ Hinge Bump, R, L, R ½, Bump L,R, L ½ change last counts as above to end

Thankyou goes to Jenny McCoy in Perth for Suggesting the music

Video of Dance and Teach

https://www.youtube.com/watch?v=Y8jCcBrWYww&list=UUXQCvPhpkBwSoe_2RZc6soQ