

# “Needles and Pins”

High Beginner Level Line Dance

32-Count 4-Wall Clockwise

**No Restarts No Tags**

**Music:** “Needles and Pins” by The Soulboyz – Available Amazon Music, Spotify, iTunes etc.

**Intro:** Starts on the word “TODAY” approx. 15 seconds from the start of the music, 32 counts.

**SECTION 1:**                    **R,L FWD DIAGONAL, SHUFFLE, L ¼ BACK, R ¾ SPIN, TAP R**  
1-2                                R fwd wide to R diagonal, L fwd wide to L diagonal  
3&4                                R step back, L beside R (&), R step back  
5-6                                L step back as you turn ¼ over L shoulder with L foot and body facing [9:00]  
   (5), transfer weight to R prep for spin (6)  
7-8                                R spin on ball of foot ¾ over R shoulder L lands behind (7), tap R in front (8)  
   [6:00]

**SECTION 2:**                    **KNEE POP X 2, ROCK BACK, RECOVER, R,L FWD, SHUFFLE**  
&1&2                                R step back slightly (&), touch L toe in front popping knee (1), L step back  
   slightly (&), touch R toe in front popping knee (2)  
3-4                                R step back, recover on L  
5-6                                R walk fwd, L walk fwd  
7&8                                R fwd, L beside R (&), R fwd

**SECTION 3:**                    **ROCK FWD, RECOVER, SHUFFLE ½ , R FWD, TAP L, L BEHIND, LOW KICK**  
1-2                                L step fwd, recover on R  
3&4                                L step back ¼ turn over L shoulder, R beside L (&) [3:00], L ¼ turn over L  
   shoulder [12:00]  
5-6                                R step fwd, tap L beside R  
7-8                                L step slightly back, R low kick (weight in on your L)

**SECTION 4:**                    **TOE STRUTS X 2, HIP BUMPS R, L X 2**  
1-2                                R toe, step on R turning 1/8<sup>th</sup>  
3-4                                L toe, step on L turning 1/8<sup>th</sup> (now facing 3:00)  
5-6                                Transfer weight to R slightly twist heels with Hip bumps R x 2  
7-8                                Transfer weight to L slightly twist heels with Hip bumps L x 2

**LAST WALL 10:**                YOU WILL BE FACING [6:00] REPLACE HIP BUMPS WITH TWO ¼ PADDLE  
   TURNS OVER L TO FACE [12:00]

I hope that you enjoy this dance.... Please feel free to contact me on the below with any comments or if you see any errors in this sheet. Thank you and happy dancing ☺

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