

# My Life Is A Party

Count: 64

Wall: 2

Level: Advanced

Choreographer: Hiroko Carlsson (Grafton, Australia) February 2019

Music: My Life Is A Party / Artist: ItaloBrothers - Available on iTunes

Please feel free to contact me if you need any further information.

(hirokoclinedancing@gmail.com)

(Intro: 16 counts)

## **[S1] Back Rock, Syncopated Rocking Chair, Out-Out, Sailor Step**

1 2 Rock/step back on R, Recover weight on L

3&4& Rock/step forward on R, Recover weight on L, Rock/step back on R, Recover weight on L

5 6 Step R to right, Step L to left

7&8 Cross R behind L, Step L out to left side, Step R to right side (12:00)

## **[S2] Fwd Rock-Back w/ Drag, Together-Heel Fan, Ball-Heel, Hold, Ball-Walk Walk**

1&2 Rock/step forward on L, Recover weight on R, Step back on L and drag R towards L

3&4 Step R together (3), Heel fan out-in (&4)

&5 6 Step back on L (&), Dig right heel forward (5), Hold (6)

&7 8 Step R next to L, Step forward on L, Step forward on R (12:00)

## **[S3] Fwd, 1/2L w/ Kick, Step-Lock-Step, &-Knee In, Hold, Side-Behind-1/4L-Side-Together**

1 2 Step forward on R, Make a ½ turn left (weight on R) and kick L to left diagonal

3&4 Step L to left diagonal, Lock R behind L, Step L to left diagonal

&5 6 Step R to side (&), Touch L toe next to R and L knee in (5), Hold (6)

&7& Step L to left side, Step R behind L, Make a ¼ turn left stepping forward on L

8& Step R to right, Step L together (3:00)

## **[S4] Side Rock, Cross Shuffle, 1/4R Out-Out, Hold, Chase Turn 1/2R-Fwd**

1 2 Rock/step R to right, Recover weight on L

3&4 Cross R over L, Step L close to R, Cross R over L

&5 6 Make a ¼ turn right step out-out (step L to side, Step R to side) (&5), Hold (6)

7&8 Step forward on L, Make a ½ turn right recover weight on R, Step forward on L\*\* (12:00)

## **[S5] R Fwd (Twist) Rock-Triple Turn, L Fwd (Twist) Rock-Triple Turn**

1 2 Step forward on R (twist body to 9:00), Recover weight on L (12:00)

3&4 Triple full turn right RLR on the spot

5 6 Step forward on L (twist body to 3:00), Recover weight on R (12:00)

7&8 Triple full turn right LRL on the spot (12:00)

## **[S6] Modified Figure 8**

1 2 Step R to right, Step L behind R

3 4 Make a ¼ turn right stepping forward on R, Step forward on L

5 6 Make a ½ turn right recover weight on R, Make a ¼ turn right stepping L to left

7&8 Step R behind L, Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R to right (6:00)

## **[S7] L Back Rock (Looking back), Fwd Rock-Back, R Back Rock (Looking back), Fwd Rock-Back**

1 2 Rock/step back on L and looking back to 12:00, Recover weight on R

3&4 Rock/step forward on L, Recover weight on R, Step back on L

5 6 Rock/step back on R and looking back to 12:00, Recover weight on L

7&8 Rock/step forward on R, Recover weight on L, Step back on R (6:00)

## **[S8] Back (Looking back), Hold, Ball-Step-Pivot 1/4R, Cross, 1/4L, Triple Turn Back**

1 2& Step back on L and looking back to 12:00 (1), Hold (2), Recover/step forward on R (&)

3 4 Step forward on L, Make a ¼ turn right recover weight on R

5 6 Cross L over R, Make a ¼ turn left stepping back on R

7&8 Triple full turn left LRL traveling backwards (6:00)

## **Repeat**

**Restart: on Wall 3 count 32 (12:00)**

(updated: 5/Feb/19)