

# Messed Up as Me

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Count: 32      Wall: 4      Level: Beginner

Choreographer: Laura Rittenhouse (AUS) – March 2024

Music: Messed Up as Me by Keith Urban

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**Start after 8 counts – note the dance starts before the lyrics**

## **S1: ZIGZAG FORWARD**

1,2,3,4 Step R fwd on R diag, Touch L beside R, Step L fwd at L diag, Touch R beside L

5,6,7,8 Step R fwd on R diag, Touch L beside R, Step L fwd at L diag, Touch R beside L

## **S2: ROLLING VINE RIGHT, ROLLING VINE L**

(It's also possible to simply vine both directions if the rolling vine doesn't work for you)

1,2,3,4 Turning  $\frac{1}{4}$  R step R to R (3:00), Turning  $\frac{1}{4}$  R step L fwd (6:00), Turning  $\frac{1}{2}$  R step R to R, Touch L beside R

5,6,7,8 Turning  $\frac{1}{4}$  L step L to L (9:00), Turning  $\frac{1}{4}$  L step R fwd (6:00), Turning  $\frac{1}{2}$  L step L to L (12:00), Touch R beside L

## **S3: ZIGZAG BACK**

1,2,3,4 Step R back on R diagonal, Touch L beside R, Step L back on L diagonal, Touch R beside L

5,6,7,8 Step R back on R diagonal, Touch L beside R, Step L back on L diagonal, Touch R beside L

## **S4: TURN $\frac{1}{2}$ L WITH 2 PADDLES; TURN $\frac{1}{4}$ R WITH JAZZ BOX**

1,2,3,4 Paddle R foot to turn L on L  $\frac{1}{4}$  (1,2) (9:00), Paddle R foot to turn L on L  $\frac{1}{4}$  (3,4) (6:00)

5,6,7,8 Cross R over L, Step L back, Turn  $\frac{1}{4}$  R Stepping R (9:00), Step L beside R

**TAG** (optional): after Wall 8, facing 12:00, Hold for 4 counts then continue with S1 of Wall 9 (12:00)

This tag occurs when the music has a pause. There are only 2 walls after this and it's possible to dance through the pause.

**Note:** this dance can be done as an Absolute Beginner dance if you do standard vines rather than rolling vines and skip the Tag.