

Make Me Stop

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Margaret Parrish & Travis Taylor - September 2023

Music: Uncomfortable - Brett Young

INTRO: 8 Counts (start on the word 'You')

PIVOT 1/2 L – FULL TURN R & WALK – WALK – MAMBO BACK LOCK BACK

1-2 Step R fwd, 1/2 L Pivot weight on L
3&4& Step R fwd, 1/2 R Stepping L back, 1/2 R Stepping R fwd, Step L together
5-6 Walk fwd R, Walk fwd L
7& Rock R fwd, Replace weight on L
8&1 Step R back, Lock L over R, Step R back

1/2 L FWD – PIVOT 1/4 L CROSS SIDE – BACK SWEEP – BACK SWEEP – COASTER STEP &

2 1/2 L Stepping L fwd
3&4& Step R fwd, 1/4 L Pivot weight on L, Cross R over L, Step L to L side
5-6 Step R back sweeping L around, Step L back sweeping R around
7&8& Step R back, Step L together, Step R fwd, Step L together

FWD R – 1/2 R BACK – COASTER STEP & 1/4 R SIDE L – BEHIND – 1/4 L FWD – 2X QUICK PIVOTS

1-2 Step R fwd, 1/2 R Stepping L back
3&4& Step R back, Step L together, Step R fwd, 1/4 R Stepping L to L side
5-6 Step R behind L, 1/4 L Stepping L fwd
7&8& Step R fwd, 1/2 L Pivot weight on L, Step R fwd, 1/2 L Pivot weight on L

ROCK FWD/REPLACE & 1/2 ROCK FWD REPLACE & 1/4 – PIVOT 1/2 L – PUSH BACK & 1/2 & FULL TURN

1-2& Rock R fwd, Replace weight on L, 1/2 R Stepping R fwd
3-4& Rock L fwd, Replace weight on R, 1/4 L Stepping L fwd
5-6 Step R fwd, 1/2 L Pivot weight on L
7&8& Replace weight on R, 1/2 L Stepping L fwd, 1/2 L Stepping R back, 1/2 L Stepping L fwd

Option: Replace weight on R, 1/2 L Step L fwd, Step R together, Step L fwd

TAG at the end of Walls 1, 2, 3

CROSS ROCK & SIDE ROCK & BEHIND SIDE CROSS – CROSS ROCK & SIDE ROCK & BEHIND SIDE CROSS

1&2& Cross Rock R over L, Replace weight on L, Rock R to R side, Replace weight on L
3&4 Step R behind L, Step L to L side, Cross R over L
5&6& Cross Rock L over R, Replace weight on R, Rock L to L side, Replace weight on R
7&8 Step L behind R, Step R to R side, Step L fwd

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