



# Lose You



**Choreographer:** Travis Taylor (April 2015)  
**Count:** 32 **Walls:** 2  
**Level & Rhythm:** Intermediate Rolling Count  
**Music:** Like I'm Gonna Lose You by Meghan Trainor  
ft John Legend (approx. 3:45min – iTunes)  
**Album:** Title

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**INTRO: See Note Below**

**BACK ROCK & BACK ROCK, 1/8R, BEHIND SWEEP, BEHIND & PRISSY WALK, WALK**

1-2& Rock R back towards 1:30, Replace wt on L, 1/2L step R back towards 7:30  
3-4& Rock L back, Replace wt on R, 1/8R step L to L towards 9:00  
5-6& Step R behind L whilst Sweeping L around, Step L behind R, Step R to R  
7-8 Step L FWD slightly crossed over R, Step R FWD slightly crossed over L

**FWD ROCK, 1/2L, FWD ROCK, 1/4R, CROSS, SIDE ROCK, CROSS, 1/4R**

1-2& Rock L FWD, Replace wt on R, 1/2L step L FWD (3:00)  
3-4& Rock R FWD, Replace wt on L, 1/4R step R to R (6:00)  
5-6-7 Cross L over R, Rock R to R, Replace wt on L  
8& Cross R over L, 1/4R step L back (*Continue into a 1/4R for Count 1*) (9:00)

**START DANCE HERE: FACING 12:00: STEP R TO R SIDE SWAYIING HIPS**

**1/4R SWAY R- L, TRIPLE FULL TURN R, CROSS ROCK & CROSS, SIDE, BEHIND, SIDE**

1-2 1/4R step R to R sway hips to R, Replace wt on L sway hips to L (12:00)  
3&4 1/4R step R FWD, 1/2R step L back, 1/4R step R to R (12:00)  
5-6 Cross Rock L over R, Replace wt on R  
&7&8 Step L to L, Cross R over L, Step L to L, Step R behind L  
& Step L to L facing towards 10:30

**FWD ROCK & BACK ROCK, 1/4R, BEHIND, 1/8R, CROSS, 1/8R, BEHIND, 1/8R, CROSS, 1/8R (SEMI CIRCLE WEAVE)**

1-2& Rock R FWD, Replace wt on L, Step/Switch R next to L (10:30)  
3-4 Rock L back, Replace wt on R (*Getting ready to Step 1/4R towards 1:30*)  
&5&6 1/4R step L to L (1:30), Step R behind L, 1/8R step L to L, Cross R over L (3:00)  
&7&8 1/8R step L to L (4:30), Step R behind L, 1/8R step L to L, Cross R over L (6:00)  
& 1/8R step L to L towards 7:30 to start again on Count 1

**NOTE:** *The weave is meant to be travelling in a semi-circle*

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**Note:** You will begin the dance on the 16<sup>th</sup> Count (Sway-Sway) after 16 Counts from the start of the song - This is just so you don't have to rush to start the dance

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