

LONELY 101

SONG

Lonely 101 By ;Tracy Lawrence Itunes min 3 .26 sec

DESCRIPTION: 32 Count,4 wall, Improver line dance, 1 Tag Rotates C W

CHOREOGRAPHER :Maria & Kevin Smith

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CONTACT; www.kickincountry.com.au

Email kickincountryau@yahoo.com

BEATS STEP DESCRIPTION Starts on vocals after count 16.

ROCK FWD, BACK, COASTER STEP, CROSS OVER, SIDE, BEHIND & CROSS

1,2 Rock fwd R, back L,
3&4 coaster step R,L,R
5,6 cross L over R, step R to side,
7&8 step L behind R, & step R to side, cross L over L

ROCK $\frac{1}{4}$ TURN, SHUFFLE, ROCK FWD, BACK, LOCK SHUFFLE BACK

1&2 Rock step R to side, & $\frac{1}{4}$ turn left onto L, step fwd R, 9.00
3&4 lock shuffle fwd L,R, L
5,6 rock fwd R, replace on L,
7&8 lock shuffle back R,L,R,

FULL TURN BACK, SAILOR STEP, SAMBA STEP FWD, CROSS KICK

1,2 full turn back step L, R (or walk back L,R,) 9.00
3&4 left sailor step L, R, L
5&6 fwd samba step R,L,R,
7,8 cross L over R, kick R

CROSS $\frac{1}{2}$ TURN, SHUFFLE, MAMBA FWD, BACK, SIDE ROCK, TOUCH

1,2 cross R over L, step back L, 3.00
3&4 $\frac{1}{2}$ turn right shuffle fwd R,L,R,
5&6 mamba step fwd L, & back R, back L ,
7&8 rock R to side, & replace on L, touch R next L

32 START AGAIN

8 count Tag. After wall 3, add,

1,2,3&4 rock R across L, replace wt L, side shuffle R,L,R,
5,6,7&8 rock L across R, replace wt R, side shuffle L,R,L,