

# Life After You

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**Count:** 72      **Wall:** 2      **Level:** Intermediate waltz  
**Choreographer:** Mark Simpkin - Oct 2015  
**Music:** Life After You - Daughtry; [Leave This Town]

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**[1-12] Cross, Side, Behind, Side Drag ¼ R, Fwd L, Pivot ½ R Hook, Fwd, ½, ¼,**  
1-2-3      Cross L over R, Step R to R side, Step L behind R  
4-5-6      Large Step R to R side, Drag L in making ¼ turn R (3.00)  
1-2-3      Large Step fwd on L, Making ½ turn R (wgt on L), Hook R up (9.00)  
4-5-6      Step fwd R, Making ½ turn R step back L, Making ¼ turn R step R to R side (6.00)

**[13-24] Cross, Hold, Side, Behind, Hold, Side, Cross, Slow Unwind ½ R**  
1-2-3      Cross L over R, Hold, Step R to R side  
4-5-6      Cross L behind R, Hold, Step R to R side  
1-2-3      Cross L over R, Unwind ½ (wgt stays on L) (12.00)  
4-5-6      Making a full turn and traveling R. Stepping R, L, R

**[25-36] Cross, Hold, Side, Behind, Hold, Side, Cross, Slow Unwind ½ R**  
1-2-3      Cross L over R, Hold, Step R to R side  
4-5-6      Cross L behind R, Hold, Step R to R side  
1-2-3      Cross L over R, Unwind ½ (wgt stays on L) (6.00)  
4-5-6      Making a full turn and traveling R. Stepping R, L, R

**[37-48] Cross, Side, Cross, Side Drag ¼ R Hook, Step Fwd ½ Hitch, Back, ½, Fwd**  
1-2-3      Traveling to R, Cross L over R, Step R to R side, Cross L over R (6.00)  
4-5-6      Large step R to R side, Drag L tog making ¼ turn L lifting L up (3.00)  
1-2-3      Step fwd L, Making ½ turn L on L hitch up R (9.00)  
4-5-6      Step back R, Making ½ turn L step fwd L, Step fwd R (3.00)

**[49-60] Fwd, Sweep ¼ L, Cross, ¼, ½, Step Fwd, ½ Hook, Fwd, ¼, Cross**  
1-2-3      Step Fwd L, Making ¼ turn L sweep R around in front, (12.00)  
4-5-6      Cross R over L, Making ¼ turn R step back L, Making ½ turn R step fwd R (9.00) ##  
1-2-3      Step fwd L, Making ½ turn R on L hook up R (3.00)  
4-5-6      Step fwd R, Making ¼ turn R step L to L side, Cross R over L (6.00)

**[61-72] Side, Hinge ¾ sweep R, Step, Step ¼ Pivot, L Cross Twinkle, R Cross Twinkle**  
1-2-3      Step L to L side, Making ¾ turn R (float) sweep R, Step fwd R (3.00)  
4-5-6      Step fwd L, Pivot ¼ turn on R (2 counts) (6.00)  
1-2-3      Cross L over R, Step/ Rock R to R side, replace wgt on L  
4-5-6      Cross R over L, Step/Rock L to L side, replace wgt on R

**\*12 count Tag at the end of wall 2 facing front**

1-2-3-4-5-6      L Sailor, R sailor,  
1-2-3-4-5-6      Cross L behind R, ¼ turn R, Step fwd L, Pivot ½ R on R, Making ¼ turn R sweep L around 2 counts

**Restart on wall 4 ## Cross ¼, ½, becomes, Cross ¼, ¼ Facing (12.00)**

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