

KANDY LAMISSI කැන්ඩි ළමිස්සි

Description: Intermediate: 64 count: 4 wall - Right Rotation. No Tags or Restarts.

Music: Kandy Lamissi කැන්ඩි ළමිස්සි by Mariazelle Goonatilleke. Available – Spotify.

Choreographer: Shanthie De Mel, Australia, Sept. 2022.

Begin: 16 count Intro. Start on vocals.

(1-8) TOE-STRUT FORWARD x4

- 1, 2 Step R toe forward. Step R heel down.
- 3, 4 Step L toe forward. Step L heel down.
- 5, 6 Step R toe forward. Step R heel down.
- 7, 8 Step L toe forward. Step L heel down. (12:00)

(9-16) TRI-ROCKER RIGHT. STOMP. CLAP.

- 1, 2 Rock R forward. Recover L.
- 5, 6 Rock R to right side. Recover L.
- 5, 6 Rock R back. Recover L.
- 7, 8 Stomp R beside L. Clap. (12:00)

(17-24) TRI-ROCKER LEFT. STOMP. CLAP.

- 1, 2 Rock L forward. Recover R.
- 3, 4 Rock L to left side. Recover R.
- 5, 6 Rock L back. Recover R.
- 7, 8 Stomp L beside R. Clap. (12:00)

(25-32) TOE-STRUT BACK x4

- 1, 2 Step R toe back. Step R heel down.
- 3, 4 Step L toe back. Step L heel down.
- 5, 6 Step R toe back. Step R heel down.
- 7, 8 Step L toe back. Step L heel down. (12:00)

(33-40) VINE RIGHT WITH KICK. TOGETHER. KICK. TOGETHER. KICK.

- 1 - 4 Step R to right side. Step L behind R Step R to right side. Kick L across R.
- 5 - 8 Step L together. Kick R across L. Step R together. Kick L across R. (12:00)

(41-48) VINE LEFT WITH KICK. TOGETHER. KICK. TOGETHER. KICK.

- 1 - 4 Step L to left side. Step R behind L. Step L to left side. Kick R across L.
- 5 - 8 Step R together. Kick L across R. Step L together. Kick R across L. (12:00)

(49-56) TRIPLE FORWARD X4 WITH HIP BUMPS.

- 1&2 Step R forward. Step L together. Step R forward. (bump hip with each fwd step)
- 3&4 Step L forward. Step R together. Step L forward. (bump hip with each fwd step)
- 5&6 Step R forward. Step L together. Step R forward. (bump hip with each fwd step)
- 7&8 Step L forward. Step R together. Step L forward. (bump hip with each fwd step) (12:00)

(57-64) 4 PADDLES 3/4 LEFT TURN WITH HIP SWAY & SWINGING RIGHT ARM LARIAT STYLE.

- 1, 2 Step R forward. Turn left on L to 10:00. (Sway hips swinging right arm above lariat style)
- 3, 4 Step R fwd. Turn left on L to 7:00. (Sway hips swinging right arm above lariat style)
- 5, 6 Step R forward. Turn left on L to 5:00. (Sway hips swinging right arm above lariat style)
- 7, 8 Step R fwd. Turn left on L to 3:00. (Sway hips swinging right arm above lariat style) (3:00)

Please do not alter this step sheet in any way. If you would like to use it on your website, or to teach it on You Tube, ensure it is in its original format.

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