

Hypnotize

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Hiroko Carlsson (Grafton, Australia) January 2026

Music: "Hypnotize" by White Stripes- Available on Spotify/YouTube Music/Apple Music/Deezer

Please feel free to contact me if you need any further information.

(hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] V Step, Fwd, Step-Pivot 1/4R-Fwd

1 2 3 4 Diagonally forward out-out on R-L, Back in-in on R-L

5 6 7 8 Step forward on R, Step forward on L, Make a ¼ turn right recover weight on R (3:00), Step forward on L

[S2] Fwd Rock, Back-Together, Fwd, Hold, Step-Pivot 1/4R

1 2 3 4 Rock forward on R, Replace weight on L, Step back on R, Step L next to R

5 6 7 8 Step forward on R, Hold, Step forward on L, Make a ¼ turn right recover weight on R (6:00)

[S3] V Step, Monterey 1/4L

1 2 3 4 Diagonally forward out-out on L-R, Back in-in on L-R

5 6 7 8 Point L to the side, Make a ¼ turn left stepping L next to R (3:00), Point R to the side, Step R next to L

[S4] 2x Step-Pivot 1/2R, Side, Hold, Back Rock

1 2 3 4 Step forward on L, Make a ½ turn right recover weight on R, Step forward on L, Make a ½ turn right recover weight on R (3:00)

5 6 7 8 Step L to the side, Hold, Rock back on R, Replace weight on L

[S5] Step-Pivot 1/2L, Fwd, Hold, Step-Pivot 1/4R, Fwd-Fwd

1 2 3 4 Step forward on R, Make a ½ turn left recover weight on L (9:00), Step forward on R, Hold

5 6 7 8 Step forward on L, Make a ¼ turn right recover weight on R (12:00), Walk forward on L-R

[S6] Cross, Back, Back, Cross, Back, Back, Cross, 1/4L

1 2 3 4 Cross L over R, Step back on R, Step back on L, Cross R over L

5 6 7 8 Step back on L, Step back on R, Cross L over R, Make a ¼ turn left stepping back on R (9:00)

-Angle your body to the L-R corner during Cross-Back-Back (count 1 - 6).

[S7] Diagonal Back, Cross, Back, Box Step, Cross-Hook

1 2 3 4 Diagonally moving back to the left – Step diagonally back on L, Cross R over L, Step diagonally back on L, Cross R over L

5 6 7 8 Step back on L, Step R to the side, Cross L over R, Hook R behind L shin

[S8] Side Rock, Cross, Side, Back Rock, Step-Pivot 1/2L

1 2 3 4 Rock R to the side, Replace weight on L, Cross R over L, Step L to the side

5 6 7 8 Rock back on R, Replace weight on L, Step forward on R, Make a ½ turn left recover weight on L (3:00)

At the end of Wall 3 (9:00), add a 12-Count Tag - Three V Steps (R-L-R-L), gradually turning left in a full circle.

Restart on Wall 4 Count 32 (12:00)

Ending Suggestion: For the final wall, wall 6 starts facing 3:00. Dance up to count 8 (6:00).

Make a Pivot 1/2L turn to the front.

(updated: 27/Jan/26)