Hot & Heavy

Choreographer: Dusty Rose (AUS), Abbie Coleman (IRE)
Music: Hot & Heavy (Tyla Rodrigues)
Description: 64 count, 1 wall, Intermediate Line dance
Intro: 12 counts
Sequence: A,A,B,B,A,B,B,A,TAG
NO RESTARTS

PART A

Walk, walk, step ¼, point

1,2,3,4 Step R forward, Step L forward, step R forward, ¼ pivot L (roll hips L to R, finish with weight on R facing 9:00), point left foot to 6:00

Full turn, side shuffle

5,6,7,8 Turn ¼ L stepping L forward (facing 6:00), turn ½ stepping R back (facing 12:00)
Turn ¼ left (facing 9:00) step L to L side, step R next to L, Step L to L side

Cross rock, recover, cross rock recover

1,2,3,4 Rock R foot to L diagonal (7:30), recover weight back to L foot
Step R foot next to L foot (&) rock L foot to R diagonal (10:30) recover weight back to R foot

½ turning shuffle, apple Jack x2

5,6,7,8 Step L ¼ to L side, step R next to L, step L ¼ forward (turning ½ shuffle to face 3:00)
Step R foot next to L foot (&) swivel L heel and R toe to the R side shifting weight into the L
Toe and R heel (7) return both feet to center (&) swivel R heel and L toe to the L side shifting
weight into the R Toe and L heel (8) return both feet to center (&)

Sweep R foot back, sweep L foot back, ¼ sailor step

1,2,3,4 Step back on L foot, sweep R foot front to back (1) step back on R foot, sweep L foot front to back (2) step L foot behind R foot, (3) ¼ turn to step to R side (12:00) step L forward (4)

Heel hook, heel flick, scuff, recover

5,6,7,8 Touch R heel forward, hook R foot over left knee, touch R heel forward, flick R foot up to R side, scuff R foot next to L, step R foot to R side, recover on L foot

Hip bumps, hip roll

1,2,3,4 Push R hip to R side popping L knee, Push L hip to L side popping R knee, roll hips from R to L

Swivels, flick back, scuff

5,6,7,8 Swivel R – Heel, toes, heel, toes towards L, flick R foot back, scuff R next to L

PART B

Lock unwind, shuffle

1,2,3,4 Step R forward, put L foot behind R (1), unwind L to face 1:30 weight on L foot (2), step R forward, step L next to R foot, Step R forward (3,4)

½ pivot flick, walk, walk

5,6,7,8 Step L forward, pivot ½ to face 7:30 (flick L foot back as you transfer weight onto R)
Step L forward, step R forward

Box shuffles, ½ turn

1,2,3,4 Turn 1/8 step L to left side, step R next to L, Step L to L side (shuffle facing 9:00),
Turn ¼ R, step R to R side, step L next to R, step R to R side (shuffle facing 12:00),

5,6,7,8 Turn ¼ R, step L to L side, step R next to L, Step L to L side (shuffle facing 3:00),
Turn ½ stepping R forward (face 9:00), Turn ¼ stepping L to L side (face 12:00)

Heel, heel, point, heel

1,2,3,4 Touch R heel forward, step R next to L, touch L heel forward, step L next to R, point R to R side, step R next to L, Touch L heel forward, step L next to right,

½ pivot, walk, walk

5,6,7,8 Step R forward ½ pivot to face 6:00 with weight on L, step R forward, step L forward

Charleston, ½ pivot, full turn

1,2,3,4 Touch R forward, step back on R, touch L back, step forward on L

5,6,7,8 Step R forward ½ pivot to face 12:00 weight on L, step R next to left turning ½, step L forward turning ½ to face 12:00

TAG

Syncopated box step, swivels, scuff X2

Step R forward (1), step L over R (2), step R back (3), step L to L side (4), swivel R – Heel, toes, heel, toes towards L, flick R foot back, scuff R next to L (The last two counts of the entire dance, hit ending pose to replace the flick and scuff)

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