Heart Shaped Locket

Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Laura Rittenhouse (AUS) – July 2026

Music: Heart Shaped Locket by Brothers Osborne

Start after 32 beats

S1: SHUFFLE FWD R/L; ROCKING CHAIR

1&2,3&4 Shuffle R fwd (Step R fwd, Step L beside R, Step L fwd) Shuffle L fwd (Step L fwd, Step R beside L, Step L fwd)

5,6,7,8 Rock R fwd, Recover on L, Rock R back, Recover on L

S2: VINE R & L

1,2,3,4 Step R to R, Cross L behind R, Step R to R, Touch L beside R

5,6,7,8 Step L to L, Cross R behind L, Step L to L, Touch R beside L

S3: SYNCHOPATED HOP & TOUCH BACK X 4

&1,2,&3,4 Hop R back at a slight diagonal, Touch L beside R, Hold & clap, Hop L back at a slight diagonal, Touch R beside L, Hold & clap

&5,6,&7,8 Hop R back at a slight diagonal, Touch L beside R, Hold & clap, Hop L back at a slight diagonal, Touch R beside L, Hold & clap (all claps are optional)

S4: ROCKING CHAIR, 2 PADDLES TO TURN ¼ L

1,2,3,4 Rock R fwd, Recover on L, Rock R back, Recover on L

5,6,7,8 Turn 1/8 L paddling with R foot (10:30), Turn 1/8 L paddling with R foot (9:00)

No tags or restarts