

HEART OF THE BALL

SONG: HEART OF THE WORLD
ARTIST: LADY ANTEBELLUM
ALBUM: OWN THE NIGHT
CHOREOGRAPHER: NOEL BRADEY, SYDNEY, February 2014
ORIGINAL POSITION: Feet together, Weight on Left foot
DANCE STARTS: On Vocals after a 32 count introduction

BEATS: STEPS: Four Wall Improver Line Dance Version: 2:00

1-8 WALK FWD R, L, R, DRAG L TO BESIDE R, BACK COASTER, SWEEP R AROUND

1,2,3,4 Walk fwd R, Walk fwd L, Walk Fwd R, Drag L to touch beside R
5,6,7,8 Step back on L, Step on R beside L, Step L Fwd, Sweep R around from back to side (*)

9-16 CROSS WEAVE, ½ PIVOT, ¼ PIVOT

1,2,3,4 Cross/step R over L, Step L to left side, Cross/step R behind L (+), Step L to left side
5,6,7,8 Step Fwd onto R, Pivot turn 180° left (*wt L*), Step fwd onto R, Pivot turn 90° left (*wt L*) (3:00)

17-24 CROSS, HOLD, REPLACE, SIDE, CROSS, HOLD, REPLACE SIDE

1,2,3,4 Cross/step on R over L, Hold, Replace weight to L, Step on R to right side
5,6,7,8 Cross/step on L over R, Hold, Replace weight to R, Step on L to left side (#)

25-32 CROSS, SWEEP, CROSS, SWEEP, FWD, REPLACE, ½ FWD, STEP FWD

1,2 Cross/step R over L, Sweep L around from back to front
3,4 Cross/step L over R, Sweep R around from Back to front
5,6 Rock/step fwd onto R, Replace weight to L
7,8 Turn 180° right to step R fwd, Step L fwd (9:00)

32 Restart Dance in New Direction

(Version 2:00 – is an update of the Restart on Wall 10)

Restarts: *Wall 5, Dance to count 8(*) but drag R to beside L rather than doing the sweep and restart from the beginning on the front wall*

Wall 10, Dance to count 24(#) and restart from the beginning – you will be facing the 3:00Wall

To End Dance: *You will be on Wall 14, Dance to Count 11(+), then turn 90° left stepping L fwd, turn a further 90° left (now facing the front wall) as you step R to right side and drag L in towards R*

This dance was choreographed as an opener for the NSW Line Dance Ball 2014 which is a charity fund raiser for Ronald McDonald House which is situated in Westmead, Western Sydney.



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