

## Hand to Hold



Choreographed by: **Marie Pietersz** (Australia) August 2020  
(For Seniors Festival 2020 Reimagined, Victoria, Australia)

Music: Hand to Hold by the Nashville cast (Clare Bowen and Charles Esten)  
Description: 32 counts - 4 Wall Beginner Line dance

Start after 10 beats on vocals  
No restarts (or 1 or 2 restarts), the music will tell you.

Alternative music: You Ain't Dolly by the Nashville cast (Clare Bowen and Chris Carmack)  
(No restarts or tags)

- S1** **Vine to the R, point heel diagonal and clap, repeat to L**  
1-4 Step R to side forward, L behind R, R to side, point L heel forward diagonal and  
5-8 Step L side forward, R behind L, L to side, point R heel forward diagonal and clap  
Fun option: Shuffle to R, rock back, recover, Shuffle to L, rock back, recover.
- S2** **Toe points R foot forward, point in, out, in, out, repeat with L foot**  
9-12 Step R forward pointing toe inside, outside, inside, outside  
13-16 Step L forward pointing toe inside, outside, inside, outside  
Fun option 1: Twist heels - Step R forward, twist both heels, step L forward, twist both heels  
Fun option 2: Kick R forward x 2, step tog and shuffle, Kick L forward x 2, step tog and shuffle
- S3** **High lifts – point R toe diagonally, high lift, recover, place R next to L, repeat to L side**  
17-20 Step R heel forward, high hitch with R, return R heel forward, bring R back tog with L  
21-24 Step L heel forward, high hitch with L, return L heel forward, bring L back tog with R
- S4** **Shimmy forward, back, forward, turn ¼ L**  
25-28 Step R forward and shimmy with shoulders (1,2), recover back and shimmy (3,4)  
29-32 Step R forward and shimmy (1,2), turn ¼ L step on L and bring R together.

(Optional Restart 1 - 5<sup>th</sup> wall facing 12.00 after count 16  
(Optional Restart 2 - 10<sup>th</sup> wall facing 12.00 after count 24)

(To end dance, it is different with the restart options, but turn to 12.00 on count 31 and step together on count 32)

I do not own the music

FB Stars-in-Line <https://www.facebook.com/groups/940594553073002>

Web: [LiveLifeLearn.com.au](http://LiveLifeLearn.com.au)

Email: [mariepietersz@hotmail.com](mailto:mariepietersz@hotmail.com)

YouTube: [Marie Pietersz](#)

Tel: 61 412 296 827