

GROUNDED

SONG: FEET BACK ON THE GROUND
 ARTIST: BRETT KISSEL
 ALBUM: PICK ME UP
 CHOREOGRAPHER: NOEL BRADEY, SYDNEY, AUGUST 2016
 ORIGINAL POSITION: Feet Together, Weight On Left Foot
 DANCE STARTS: On Vocals after 16 Count Introduction

BEATS: STEPS: FOUR WALL ADVANCED LINE DANCE Version: 1:00

1-9 **BEHIND SWEEP, SAILOR, BEHIND ¼, REPLACE, ½ FWD, FULL TRIPLE FWD, BACK, BACK, ¼**
 1 Cross/step R behind L as you sweep L around front to side
 2&3 Cross/step L behind R, Step on ball of R to right side, Replace weight to L
 &4 Cross/step R behind L, Turn 90° left lunge/step L Fwd (9:00)
 &5 Replace weight back onto R, Turn 180° left to step fwd onto L (3:00)
 6&7 Turn 180° left stepping R back, Turn 180° left stepping L fwd, Lunge/step fwd onto R (3:00)
 8&1 Step L back, Step R back, Turn 90° left stepping L to left side (12:00)

10-17 **CROSS, SIDE, BEHIND, ¼, FWD, ½ PIVOT, ½ BACK, BACK COASTER, FULL, FWD, BESIDE, ¼**
 2&3& Cross/step R over L, Step L to left, Cross/step R behind L, Turn 90° left stepping L fwd (9:00)
 4&5 Step R fwd, Pivot turn 180° left (*weight L*), Turn 180° left stepping R back dragging L towards R (9:00)
 6&7 Step L back, Step R beside L, Step L fwd
 & Step fwd onto R turning 360° left (9:00)
 8&1 Step L fwd, Step on ball of R beside L, Turn 90° left stepping L fwd and sweeping R around (6:00)

18-25 **CROSS, ¼, SIDE, TOGETHER, ¼, FULL TURN FWD, FWD COASTER, CROSS, BACK, REPLACE, ¼ WITH A DRAG**
 2&3& Cross/step R over L, Turn 90° right stepping L back, Step R to right side, Step on ball of L beside R (9:00)
 4&5 Turn 90° right stepping R fwd, Turn 180° right stepping L back, Turn 180° right stepping R fwd (12:00)
 6&7& Step L fwd, Step R beside L, Step L Back, Cross/step R over L
 8&1 Rock/step back onto L, Replace weight to R, Turn 90° right stepping L to left dragging R towards L (3:00)

26-32 **SIDE, TOGETHER, FWD, FWD, ½ PIVOT, ¼ SIDE, ROCK BEHIND, REPLACE, ¼, BEHIND, REPLACE, SIDE**
 2&3& Step R to right side, Step L beside R, Step R fwd, Step L fwd
 4&5 Pivot turn 180° right (*weight R*), Turn 90 right stepping L to left, Cross/step/Rock R behind L (12:00)
 6& Replace weight to L, Turn 90° left stepping R to right side (9:00)
 7,8& Cross/step L behind R, Replace weight to R, Step L to left side

32 **Restart Dance In New Direction**

TAG: *After Wall 3, add the following 8 count Tag*
 1,2&3,4& *Step R fwd, Pivot turn 180° left, Step R beside L, Rock/step fwd on L, Replace weight to R, Step L beside R*
 5,6&7,8& *Rock/step R to right, Replace weight to L, Turn 180° right stepping on R beside L, Rock/step L to left, Replace weight to R, Step on L beside R*

TO END DANCE: *Wall 7 Dance to Count 24 – the add the following:*
 &1 *Turn 180° right to step R fwd, Lunge fwd onto L (facing the front)*

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