

# EASY SUNDAY MORNING

Music: Sunday Morning Coming Down by Johnny Cash.  
Description: Beginner: 32 count: 4 wall: Rotation ccw: **Tempo 84 BPM.**  
Choreographer: Shanthie De Mel. Australia. Aug. 2012.  
Intro only 2 counts. Start immediately on “ - - woke up”  
Note slow tempo, 84 BPM.

This dance is dedicated to Christene of Kerang (The quiet, classy one)!  
Thanks Christene for giving me this song. Happy dancing!

## **LOCK STEPS FWD RIGHT & LEFT WITH SCUFF**

- 1, 2, 3, 4 Step R fwd. Lock L behind R. Step R fwd. Scuff L fwd.  
5, 6, 7, 8 Step L fwd. Lock R behind L. Step L fwd. Scuff R fwd. (12:00)

## **CROSS ROCK. REP. BACK. HOLD. (TO BOTH SIDES)**

- 1, 2, 3, 4 Cross rock R over L. Rep L. Step R back. Hold.  
5, 6, 7, 8 Cross rock L over R. Rep R. Step L back. Hold. (12:00)

## **TOE STRUTS BACK x2 TURNING 1/4 LEFT. SIDE. TOG. SIDE. HOLD.**

- 1, 2 Step back on R toe. Step R heel down.  
3, 4 Turning 1/4 left step back on L toe. Step L heel down.(9:00)  
5, 6, 7, 8 Step R to right side. Step L tog. Step R to right side. Hold.

## **SIDE. TOG. SIDE. HOLD.**

- 1, 2, 3, 4 Step L to left side. Step R tog. Step L to left side. Hold.

**RESTART HERE** facing 6:00 after Rotation 2.

## **SWAY RIGHT. SWAY LEFT.**

- 5, 6, 7, 8 Sway to right in place for 2 counts. Sway to left in place for 2 counts. (9:00)

**ENDING OPTIONAL.** At the end of the song, cross R over L & slow unwind to face 12:00.