Cowgirl Hustle AB

Description: Absolute Beginner: 32 Count: 4 Wall:
Choreographer: Shanthie De Mel Australia October 2025
Music: Friday Night Cowgirl – Wenche (Amazon)
Intro: 16 count. Begin on vocals. 128 BPM timing. No Tags. No Restarts.
Wall rotation left. You will finish the last wall facing the front. Do your own styling.

(1-8) **VINE RIGHT KICK. TOGETHER. KICK. TOGETHER. KICK.**
1. 2 Step R to right side. Step L behind R.
3. 4 Step R to right side. Kick L across R.
5. 6 Step L together. Kick R across L.
7. 8 Step R together. Kick L across R. (12:00)

(9-16) **VINE LEFT KICK. TOGETHER. KICK. TOGETHER. KICK.**
1. 2 Step L to left side. Step R behind L.
3. 4 Step L to left side. Kick R across L.
5. 6 Step R together. Kick L across R.
7. 8 Step L together. Kick R across L. (12:00)

(17-24) **TOE STRUT FORWARD. ROCKING CHAIR.**
1. 2 Step R toe forward. Step R heel down.
3. 4 Step L toe forward. Step L heel down.
5. 6 Rock R forward. Recover L in place.
7. 8 Rock R back. Recover L in place. (12:00)

Optional: Dance Rainbow Arms at rocking chair.

(25-32) **STEP. TOUCH. STEP. TOUCH. FORWARD. HOLD. TURN ¼ LEFT. HOLD.**
1. 2 Step R to right side. Touch L to R with a clap.
3. 4 Step L to left side. Touch R to L with a clap.
5. 6 Step R forward. Hold.
7. 8 Turn ¼ left on L. Hold. (9:00)

Dance to stay healthy & happy!