

COWBOY UP [IF YOU WANT MY LOVE]

Choreographer: Wanda Heldt (Perth) Sept. 2007

Music: Cowboy Up [Radio Edit] by Jill Johnson

Count: 32

Wall: 2

Level: Advance Beginner



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1. RIGHT, LEFT, HEEL TAPS, RIGHT DOUBLE HEEL TAPS LEFT, RIGHT, HEEL TAPS, LEFT DOUBLE HEEL TAPS

- 1 & Tap Right Heel forward, Step Right together
- 2 & Tap Left Heel forward, Step Left together
- 3&4& Tap Right Heel forward,, Tap Right forward, Step Right together,
- 5& Tap Left Heel forward, Step Left together
- 6 & Tap Right Heel forward, Step Right together
- 7&8& Tap Left Heel forward, Tap Left Heel forward, Step left together

2. RIGHT, LEFT SHUFFLES , PIVOT 1/2 TURN LEFT, RIGHT SHUFFLE

- 1&2 Shuffle forward R.L.R.
- 3&4 Shuffle forward L.R.L.
- 5-6 Step Right forward, 1/2 Turn Left [Weight on L]
- 7&8 Shuffle forward R.L.R [6]

3. TURN 1/4 LEFT, TURN 1/4 RIGHT , LEFT SHUFFLE FORWARD, HEEL JACKS

- 1 Turn 1/4 on Left foot [weight on Right foot [3]
- 2 Turn 1/4 Right [weight on Right foot] [6]
- 3&4 Shuffle L.R.L.
- 5&6& Cross Right over Left, Step Left, Touch Right Heel to R.45, Step on Right
- 7&8& Cross Left over Right, Step Right, Touch Left heel to L.45, Step on Left

4. TOE TAPS, SAILOR SHUFFLE, TOE TAPS, SAILOR SHUFFLE

- 1-2 Touch right toe forward, touch right toe to side
- 3&4 Cross right behind left, step left to side, step right to side
- 5-6 Touch left toe forward, touch left toe to side
- 7&8 Cross left behind right, step right to side, step left to side

Restart.... HAVE FUN IN LIFE & IN DANCE