

Could and Still Do



Choreographed by Liz Gardiner (December 2022) ver. 1

Music: Could and Still Do by Tommy Townsend

Dance Description: 32 Counts 4 Wall Improver

Intro: Starts after 8 counts on lyrics. Weight on Left

2.50 mins BPM 88

Restart on wall 4 after 12 counts. Restart facing 3.00

Walk forward, R L, R Mambo forward, Walk back L R, L back Coaster

1 2 Walk forward R L

3&4 Rock step R forward, Recover L, Step R beside L (mambo step)

5 6 Walk back L R

7&8 Step L back, Step R beside L, Step L forward (coaster step)

Travelling Sambas R and L, Slow Jazz Box 1/4 R,

1&2 Travelling forward Cross R over L, Step L to L side, Recover R (samba)

3&4 Travelling forward Cross L over R, Step R to R side, Recover L (samba) #

5 6 Step R over L, Turn 1/4 R Stepping L back (3.00)

7 8 Step R back on R diagonal, Cross L over R turning upper body to L diagonal

Back R, L Lock, Back L, R Lock, R back Coaster, 1/2 R stepping L back, Walk back R

1&2 Step back to R diagonal, Cross L over R, Step R back to R diagonal (lock step)

3&4 Step L back to L diagonal, Cross R over L, Step L back on L diagonal (lock step)

5&6 Step R back, Step L beside R, Step R forward (coaster step)

7 8 Turn 1/2 R stepping L back, Step R back (9.00)

Walk back L R, L back Coaster, R forward, Pivot 1/2 L, R forward, Pivot 1/2 L

1 2 Walk back L R

3&4 Step L back, Step R beside L, Step L forward (coaster step)

5 6 Step R forward, 1/2 L pivot (3.00)

7 8 Step R forward, 1/2 L pivot (9.00)

Southern Cross Linedancers

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