Chill

Count: 32 Wall: 4 Level: Advanced
Choreographer: Hiroko Carlsson (Grafton, Australia) October 2025
Music: "Chill" by LISA - Available on Spotify/YouTube Music/Amazon Music/Deezer/Apple Music
Please feel free to contact me if you need any further information.
(hirokoclinedancing@gmail.com) (Intro: 16 counts)

[S1] Out-Out-In-Touch, Out-Out-In-Cross-&-Heel-&-Cross-1/4L Rock Turn into Heel Grind 1/4L, Back Rock
&1&2 Step out to the side on R-L (&1), Step R back in centre, Touch L next to R
&3& Step out to the side on L-R (&5), Step L back in centre
4&5& Cross R over L, Step slightly back on L, Touch R heel diagonally forward, Step R down in place
6& Cross L over R, Step/rock R to the side making a ¼ turn left (9:00)
7 8 Heel grind on L making a ¼ turn left (6:00), Step back on R

[S2] Back Bock, 1/2R Shuffle Back, Quick Side Rock, Cross Shuffle, Quick Side Rock
1 2 Rock back on L, Replace weight on R
3&4 Making a ½ turn right shuffle back on L-R-L (12:00)
&5 Rock R to the side, Replace weight on L
6&7 Cross R over L, Step L close, Cross R over L
&8 Rock L to the side, Replace weight on R

[S3] 1/4R Side w/ Dip, Point, Quadro Step, Side Rock, Sailor into Point-
1 2 Make a ¼ turn right stepping/dip down L to the side (3:00), Point R to the side
3&4& Step forward on R (3), Triple full turn left on the spot L-R-L (&4&) (3:00)
5 6 Rock R to the side, Replace weight on L sweeping R foot around
7&8 Step R behind L, Step L to the side, Point R to the side

[S4] Sailor 1/2R-Fwd, Rocking Chair, Box-Cross, Volta 1/2L
1&2 Make a ¼ turn right stepping R behind L, Make a ¼ turn right stepping L beside R, Step forward on R (9:00)
3&4& Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R
5&6& Cross L over R, Step back on R, Step L to the side, Cross R over L
7&8 Make a ¼ turn left stepping forward on L twisting body to the left, Step/lock R behind L, Make a ¼ turn left crossing L over R (3:00)

1st Restart on Wall 4, Count 16 with Step change (9:00)
Dance up to Section 2 Count 7, then
&8 Step L to the side, Touch R next to L

2nd Restart on Wall 8, Count 16 (6:00), add 4 Counts Tag
1 2 Rock/cross L over R, Replace weight on R
3 4 Step L to the side, Touch R next to L

The last wall ends facing 12:00.
Ending: Out-Out-In-Touch (the first 2 counts of the dance)
&1&2 Step out to the side on R-L (&1), Step R back in centre, Touch L next to R

(updated: 30/Sept/25)