

# Break Into My Heart

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Liz Gardiner

Music: Break Into My Heart by Daughtry

3.49mins BPM 138

Weight on L Starts after 16 counts on lyrics

---

# 1 restart on wall 3 facing 6.00 dance to count 8 and restart 3.00

Ending – start wall 8 at 9.00. Dance to count 30 turn 1/2 L stepping R to R side 12.00

**R Nightclub Basic, 1/4 R, 1/2 R, L Forward, R Together, L Back sweep R, R Back sweep L, L Back coaster #, R Together**

1 2 & Step R to R side, Step L beside R, Step R slightly over L (night club basic)  
3&4& Turn 1/4 R stepping L back, Turn 1/2 R stepping R forward, Step L forward, Step R beside L (9.00)  
5 6 Step L back sweep R, Step R back sweep L  
7&8& Step L back, Step R beside L, Step L forward (coaster step), Step R beside L

**Rock L Forward, Recover R, 1/4 L to L Side, Cross R over L, 1/4 R, 1/4 R, Rock, Recover, Side, Cross, 1/4 R, 1/4 R**

1 2& Rock L forward, Recover R, Turn 1/4 L stepping L to L side (6.00)  
3&4 Cross R over L, Turn 1/4 R stepping L back, Turn 1/4 R stepping R to R side (12.00)  
5 6& Cross L over R, Recover R, Step L to L side  
7&8 Cross R over L, Turn 1/4 R stepping L back, Turn 1/4 R stepping R to R side (6.00)

**Weave R, Cross Lover R, Recover R, 1/4 L Sweeping coaster, Turn 1/2 L step R back, L Back, R Back, 1/2 L Forward L**

1&2&3 4 Cross L over R, Step R to R side, Step L behind R, Step R to R side (weave) Cross L over R, Recover R  
5&6 Turn 1/4 L sweeping L around stepping L back, Step R beside L, Step L forward (coaster step) (3.00)  
&7 8& Turn 1/2 L stepping R back, Step L back, Step R back, Turn 1/2 L Stepping L forward (3.00)

**Run forward R L, Step R beside L, L side, Recover R, L Beside R, R to R Side, Recover L, R Back coaster, Pivot 1/2 L**

1 2& Run forward R, Run L forward, Step R beside L  
3 4& Step L to L side, Recover R to R side, Step L beside R  
5 6 Rock R to R side, Recover L  
7&8& Step R back, Step L beside R, Step R forward (coaster step), 1/2 L pivot (3.00)

Liz Gardiner – Southern Cross Line Dancers – [www.southerncrosslinedance.com](http://www.southerncrosslinedance.com)

[YouTube – Southern Cross Linedancers](https://www.youtube.com/channel/UC...)    [the.gardiners@inbox.com](mailto:the.gardiners@inbox.com)    M0435006800