

## **Body**

Count: 32

Wall: 4

Level: Advanced

Choreographer: Hiroko Carlsson (Grafton, Australia) March 2021

Music: Body by Loud Luxury feat. Brando– Available on Spotify

Please feel free to contact me if you need any further information.

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Dance starts on lyrics (16 counts intro)

### **[S1] Back w/ 1/2L Reverse-Point, Coaster Step, Rocking Chair, Fwd-Together-1/4R Swivel**

1 2 Stepping back on R and make a ½ turn left, Point L to the side (6:00)

3&4 Step back on L, Step R next to L, Step forward on L

5&6& Rock forward on R, Recover weight on L Rock back on R, Recover weight on L

7&8 Step forward on R, Step L next to R, Swivel/twist both toes to R whilst making a ¼ turn right(weight on heel of R foot and ball of L foot)\*\* (9:00)

### **[S2] Coaster Step, Side-Together-Side Rock-Cross-Side Rock-Cross-Side-Together-Side-Kick 1/4R-Ball**

1&2 Step back on R, Step L next to R, Step forward on R

&3&4 Step L to the side, Step R together, Rock L to the side, Recover weight on R

&5&6 Cross L over R, Rock R to the side, Recover weight on L, Cross R over L

&7 Step L to the side, Step R together

&8& Step L to the side and making a ¼ turn right, Kick forward on R, Ball step slightly forward on R (12:00)

### **[S3] Fwd-Side-Kick 1/4L-Ball, Fwd-1/4R-Kick 1/4R, 3x Side Dip & Lift, Behind Rock-**

1&2& Step forward on L, Step R to the side and making a ¼ turn left, Kick forward on L, Ball step slightly forward on L (9:00)

3&4 Step forward on R, Step L to the side and making a ¼ turn right, Making a further ¼ turn right kick forward on R (3:00)

&5&6 Stepping R to the side/dip down, Stretch up/lifting L to the side (weight on R), Stepping L to the side/dip down, Stretch up/lifting R to the side (weight on L)

&7 Stepping R to the side/dip down, Stretch up/lifting L to the side (weight on R)

8& Rock L behind R, Recover weight on R

### **[S4] Side-1/4R Back Rock, Fwd-1/2L-Ball, Fwd-1/4R-Ball, Step-Pivot 1/2L**

1 2& Step L to the side making a ¼ turn right, Rock back on R, Recover weight on L (6:00)

3 4& Step forward on R, Make a ½ turn left recover weight on L, Ball step forward on R (12:00)

5 6& Step forward on L, Make a ¼ turn right recover weight on R, Ball step forward on L (3:00)

7 8 Step forward on R, Make a ½ turn left recover weight on L

**Immediately step back on R making a ½ turn left to start.**

**Restart on Wall 6 count 8\*\*(6:00)**

Ending suggestion: The last wall starts at 6:00 o'clock. Dance up to count 16& (6:00), then Step-Pivot 1/2R to the front.

(updated: 10/Mar/21)