

# Bird Set Free

**Song:** Bird Set Free- 4.13mins  
**Artist:** Sia- Album- This is Acting  
**Choreographer:** Linda Burgess- Sydney- 2015  
**Description:** 4 wall Intermediate-32 counts

**Beats**                      **Steps**                      **Intro: 16 counts (slow beat)**

**1-8**                              **SIDE, BEHIND, SIDE, CROSS, REPLACE, 1/4L, WALK, WALK, ROCK/REPLACE, 1 1/2 TRIPLE**

1,2&3,4&                      Big step R dragging L, cross/step L behind R, step R to R, cross/step L over R, rock back R, 1/4 L & step fwd L **(9.00)**

5,6,7&8&1                      Step fwd R, step fwd L, rock/step fwd R, replace weight to L, 1/2 turn R & step fwd R, turn 1/2 R & step back L, 1/2 turn R & step fwd R **(3.00)**

**9-16**                              **STEP, ROCK/REPLACE, TRIPLE 1 1/4, SIDE, ROCK BACK, REPLACE, SIDE, ROCK/BACK, REPLACE**

2,3&4&                              Step fwd L, rock/step fwd R, replace weight to L, turn 1/2 R & step fwd R, turn 1/2 R & step back L

5,6&7,8&                              turn 1/4 R & take big step to R (& drag L), rock back L, replace weight to R, take a big step to L (& drag R), rock back R, replace weight to L **(6.00)**

**17-24**                              **STEP, FULL TURN, FWD, REPLACE, 1/2 FWD,, 1/4 SIDE, REPLACE, HINGE 1/2 SIDE, HINGE 1/2 SIDE, 1/4, 1/2**

1,2&                                      Step fwd R, turn 1/2 R & step back L, turn 1/2 R & step R **(6.00)**

3,4&                                      Rock/step fwd L, replace weight to R, turn 1/2 L & step fwd L **(12.00)**

5,6&                                      1/4 turn L & rock/step R to R, replace weight to L (9.00), hinge 1/2 turn R & step R to R **(3.00)**

7,8&                                      Hinge 1/2 turn R on R & rock/step L to L **(9.00)**, 1/4 L & replace weight to R **(6.00)**, turn 1/2 L & step fwd L **(12.00)**

**25-32**                              **FWD, SIDE, REPLACE, CROSS, 1/4, 1/4, 1/4 ROCK FWD, REPLACE, 1/2 STEP, ROCK/FWD, REPLACE, 1/2 STEP**

1,2&3,4&                              Step fwd R, rock/step L to L, replace weight to R, cross/step L over R, turn 1/4 L & step back R, turn 1/4 L & step L to L **(6.00)**

5,6&7,8&                              1/4 turn L & rock/step fwd R **(3.00)**, replace weight to L, turn 1/2 R & step fwd R **(9.00)**, rock/step fwd L, replace weight to R, turn 1/2 L & step fwd L. **(3.00)**

**Begin again.**

**Restart: Wall 6 (facing 3.00) Dance counts 1-16 then restart facing (9.00)**

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