

Been Like This

Count: 32

Wall: 4

Level: Improver

Choreographer: Hiroko Carlsson (Grafton, Australia) May 2024

Music: "Been Like this" by Meghan Trainor and T-Pain - Available on Spotify/YouTube Music/Deezer/Apple Music

Please feel free to contact me if you need any further information.

(hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Cross-Samba, Cross-Samba, Rocking Chair, Fwd Rock-Together w/ Hip Push

1&2 Cross R over L, Rock/step L to the side, Replace weight on R

3&4 Cross L over R, Rock/step R to the side, Replace weight on L

5&6& Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

7&8 Rock forward on R, Replace weight on L, Step R together with hip push-back

[S2] Step-Pivot 1/4R, Cross-&-Cross-&-Cross, Hinge 1/2L Turn, Cross-&-

1 2 Step forward on L, Make a 1/4 turn right recover weight on R (3:00)

3&4& Cross L over R, Step R close, Cross L over R, Step R close

5 6 7 Cross L over R, Make a 1/4 turn left stepping back on R (12:00), Make a 1/4 turn left stepping L to the side (9:00)

8& Cross R over L, Step L close-

[S3] -Box Step into Cross Shuffle, 1/4L-1/2L Shuffle Fwd

1 2 3 -Cross R over L, Step back on L, Step R to the side

4&5 Cross L over R, Step R close, Cross L over R

6 Make a 1/4 turn left stepping back on R (6:00)

7&8 Making a 1/2 turn left shuffle forward on L-R-L (12:00)

[S4] Charleston Step, Walk Around 3/4R

1 2 Touch forward on R, Swing R around /stepping back on R

3 4 Touch back on L, Swing L around /stepping forward on L

5 6 7 8 Walk around, making a 3/4 turn to the right, stepping R-L-R-L

No tags or restarts.

Ending suggestion: The last wall starts facing 12:00. Dance up to Section 2 count 4& (3:00). Box 1/4L to the front wall on counts 5, 6, 7, 8.

(updated: 7/May/24)