

BACK IN MY ARMS AGAIN

SONG: "BACK IN MY ARMS AGAIN" by DIANA ROSS & THE SUPREMES.
ALBUM: "DIANA ROSS & THE SUPREMES" **LEVEL:** BEGINNER
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.
CHOREOGRAPHER: GORDON ELLIOTT. Sydney. NSW. AUSTRALIA. January 2024

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1, 2 3, 4 5, 6 7, 8	<p>VINE RIGHT & TOUCH, ROCKING CHAIR VINE : STEP R TO THE SIDE, STEP L BEHIND RIGHT, STEP R TO THE SIDE, TOUCH L TOE TOGETHER, ROCKING CHAIR : STEP L FORWARD, ROCK BACK ONTO R, STEP L BACK, ROCK FORWARD ONTO R. (12.00)</p>
1, 2 3, 4 5, 6 7, 8	<p>VINE LEFT 1/4 TURN & SCUFF TOE STRUT, TOE STRUT VINE : STEP L TO THE SIDE, STEP R BEHIND LEFT, TURN 90° LEFT STEP L FORWARD, SCUFF R FORWARD, (9.00) STRUT : STEP R TOE FORWARD, DROP R HEEL TO THE FLOOR, STRUT : STEP L TOE FORWARD, DROP L HEEL TO THE FLOOR. (9.00)</p>
1, 2 3, 4 5, 6 7, 8	<p>MAMBO FORWARD, HOLD MAMBO BACK, HOLD STEP R FORWARD, ROCK BACK ONTO L, STEP R BACK, HOLD, STEP L BACK, ROCK FORWARD ONTO R, STEP L FORWARD, HOLD. (9.00)</p>
1, 2 3, 4 5, 6 7, 8	<p>PADDLE TURN, PADDLE TURN, "V" STEP PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, (6.00) PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, (3.00) "V" STEP : STEP R FORWARD AT 45° RIGHT, STEP L FORWARD AT 45° LEFT, STEP R BACK TO THE CENTRE, STEP L TOGETHER. (3.00)</p>
32	REPEAT THE DANCE IN NEW DIRECTION

