



# ALL ABOUT THAT BASS 64

**Music :Meghan Trainor - Single on itunes length (3.08) Bpm 134**

**Beginner Phrased : 64 count 2/ 4 walls No Tags No Restarts**

**Sequence Danced AA ,BB ,AA, BB , AAAA Last set of A's Makes it a 4 wall dance**

**Choreographed by Annemaree Sleeth August 2014 (Australia)**

Website: [www.inlinedancing.webs.com](http://www.inlinedancing.webs.com) Email [inlinedancing@gmail.com](mailto:inlinedancing@gmail.com)

## **Part A 32 Counts**

### **Sec 1 1-8 STEP TOGETHERS RIGHT, TOUCH,OR ROLLING VINE TOUCH, L&R SIDE TOUCHES**

1-4 Step R side, step L tog, step R side, step L tog, (twisting feet as you move)

5-8 Step R side, Step L tog, step R side , touch L beside R (twisting feet as you move)

### **Sec 2 9-16 STEP TOGETHERS RIGHT, TOUCH, OR ROLLING VINE TOUCH R&L SIDE TOUCHES**

1-4 Step L side, step R tog, step L side, step R tog, (twisting feet as you move)

5-8 Step L side, step R tog, step L side touch R beside L (twisting feet as you move)

### **Sec 3 17- 24 KICK ,STEP, KICK , STEP,1/4 L KICK ,STEP, KICK, TOUCH**

1-4 Kick R 45 , step R , kick L 45 , **step L , or (touch on count 20)**

5-8 1/4 L kick L 45, step L, kick R 45 , touch R beside L,

### **Sec 4 25-32 DOUBLE HIPS RIGHT, DOUBLE HIPS LEFT, SINGLE HIPS**

1 -2 Step R side transferring weight to R hips bouncing twice

3-4 Step L side transferring weight to L hips bouncing twice

5-8 Step R transfer weight R, L, R, L, or hip rolls ( add hands in a circle motion )

## **Part B 32 counts**

### **Sec 5 33-40 PRISSY HOLD, PRISSY, HOLD,1/2 PIVOT HOLD, FORWARD HOLD**

1-4 Cross R over L, hold Cross L over R, hold

5-8 Pivot ½R , hold(wgt R) Step L Forward hold

### **Sec 6 41- 48 SHIMMIES RIGHT AND LEFT**

1 -4 Step R side, hold, drag L, touch L beside R

5-8 Step L side, hold, drag R, touch R beside L ,

### **Sec 7 49 -56 TOE STRUT , ROCKING CHAIR**

1-4 Step R toe fwd, drop R heel, step L toe fwd, drop L heel

5-8 Rock fwd R, recover L, rock fwd R, recover L

### **Sec 8 57-64 PADDLE TURNS X 4 (FULL TURN) OR JAZZ BOX WITH HOLDS**

1-4 Step R fwd, pivot ¼ L , Step R fwd, pivot ¼ L (add rolling motion into the paddle turns)

5-8 , Step R fwd, pivot ¼ L, Step R fwd, pivot ¼ L (Add arms above your head in swirly motion)

#### **OR JAZZ BOX WITH HOLDS**

1-8 Cross R over L, hold, step L back, hold, step R side, hold, step L beside R

Repeat (Have Fun with this dance ) Video on youtube annemaree sleeth site

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