AB Stretchy Pants

Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Laura Rittenhouse (AUS) – November 2022

Music: Stretchy Pants by Carrie Underwood

Start after 16 beats

S1: VINE RIGHT & LEFT

1,2,3,4 Step R to R, Step L behind R, Step R to R, Touch L beside R

5,6,7,8 Step L to R, Step R behind L, Step L to L, Touch R beside L

S2: K CLAP

1,2,3,4 Step R fwd on R diagonal, Touch L beside R & Clap, Step L back on L diagonal, Touch R beside L & Clap

5,6,7,8 Step R back on R diagonal, Touch L beside R & Clap, Step L fwd on L diagonal, Touch R beside L (or scuff) & Clap

S3: LOCK FORWARD RIGHT & LEFT

1,2,3,4 Step R fwd, Lock L behind R, Step R fwd, Swing L fwd

5,6,7,8 Step L fwd, Lock R behind L, Step L fwd, Hold

S4: DOUBLE SIDE STEPS BACK DIAG R; TURNING ¼ L DOUBLE SIDE STEPS BACK DIAG L

1,2,3,4 Step R back on R diagonal, Step L beside R, Step R back on R diagonal, Touch L beside R

5,6,7,8 Turn ¼ L stepping L back on L diagonal (9:00), Step R beside L, Step L back on L diagonal, Touch R beside L