

YOU ARE

CHOREOGRAPHER PAULINE GREENWOOD, AUSTRALIA (December 2017)
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SONG YOU ARE THE REASON

ARTIST CALUM SCOTT

ALBUM ONLY HUMAN (DELUXE)

DESCRIPTION EASY INTERMEDIATE WALTZ 3mins 24secs 160bpm
48 COUNTS 2 WALLS, (Version 1) PAUSE WITH 1 RESTART
FEET TOGETHER WEIGHT ON RIGHT FOOT
DANCE STARTS ON THE WORD 'HEART BEAT'
AFTER 48 COUNT INTRODUCTION (16 SECS)

POSITION

BEATS

1 - 6

1 - 2 - 3

4 - 5 - 6

STEPS

BACK, TOUCH SIDE, HOLD, CROSS, HITCH CROSS, HOLD.

Step L back, Touch R toe to R side, Hold,

Step R across L, Hitch L across R, Hold.

7 - 12

1 - 2 - 3

4 - 5 - 6

CROSS, SIDE, ROCK, CROSS, TOUCH, HOLD.

Step L across R, Step R to R side, Rock weight to L,

Step R across L. Touch L toe to L side, Hold.

13 - 18

1 - 2 - 3

4 - 5 - 6

CROSS, SIDE, ROCK, CROSS, QUARTER TOUCH, HOLD.

Step L across R, Step R to R side, Rock weight to L,

Step R across L, Turn 1/4R touching L toe to L side Hold, (3,00)

19 - 24

1 - 2 - 3

4 - 5 - 6

WALTZ FORWARD, WALTZ BACK.

Step L forward, Step R beside L, Replace weight to L.

Step R back, Step L beside R, Replace weight onto R.

25 - 30

1 - 2 - 3

4 - 5 - 6

SWAY, SWAY.

Step L to L side and sway L hip, *Hold for 2 counts*

Step R to R side and sway R hip, *Hold for 2 counts*

31 - 36

1 - 2 - 3

4 - 5 - 6**

SIDE, BEHIND, ROCK, SIDE, BEHIND, ROCK.

Step L to L side. Step R behind L, Rock weight forward to L,

Step R to R side, Step L behind R,* Rock weight on to R**

37 - 42

1 - 2 - 3

4 - 5 - 6

BACK, SWEEP, BACK, TOESTRUT QUARTER.

Step L back, Sweep R around and back, Step R back,

Step L back, Touch R toe beside L, Turn 1/4R drop R heel. (6.00)

43 - 48

1 - 2 - 3

4 - 5 - 6

WALTZ FORWARD, WALTZ BACK.

Step L forward, Step R beside L, Replace weight on to L,

Step R back, Step L beside R, Replace weight onto R.

REPEAT

PLEASE NOTE. A quick-flowing waltz. There is a restart on Wall 9 Count 36** the music pauses for 12 counts, then Turn 1/4R and restart Wall 10 (6.00)

ENDING *

Wall 11 for Count 36 Turn 1/4L stepping R forward (12.00)