

Wants and Needs Ez

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Annemaree Sleeth (Australia) January 2017
Music: Wants And Needs By Extreme Music - Album Superfunk 3.41 iTunes

Alternative Music: Stay A Little Bit Longer By Dreamhouse
Or Stay by The Frankie Valley and The Four Seasons

Long Intro 64 Counts. About 34 seconds Dance Last 8 Counts Left Then Right For Intro

Note For Styling Add Arms For Funk. Or Body Rolls etc. Its open to Interpretation

Suggested Intro

Side, Touch, Side, Touch, Side Together, Side, Touch (Right And Left Till Lyrics Start)

Add Funky Arms ☺

SEC 1 [1- 8] DIAG FORWARD OUT, OUT, TOGETHER, CROSS, SIDE CROSS, SIDE, CROSS

1 - 2 Step R Diag Forward , Step L Diag Froward
3 - 4 Step R Together , Bending Knees Cross L Over R (Snapping Fingers In Front On Crosses
5 - 6 Step R Side On Ball Or R, Bending Knees Cross R Over L
7 - 8 Step R Side On Ball Or R, Bending Knees Cross R Over L
Swinging Arms Across Body Then Out

On The Lyrics Up and Down Arms Go Up Arms Back Down In the Song

SEC 2 [9 – 16] OUT, OUT, BACK, TOGETHER, CROSS , SIDE , BEHIND ¼ LEFT, FORWARD

1 - 2 Step R Diag Forward , Step L Diag Froward
3 - 4 Step R Back, Step L Together
5 - 6 Cross R Over L, Step L Side
7 - 8 Turn ¼ L Step R Behind L, Step L Forward

SEC 3 [17 – 24] 1/8 FORWARD, HOLD, BACK, HOLD, BACK HOLD, FORWARD (2 Rocking Chairs)

1 - 2 Rock R Forward, Bending Upper Body Forward, Hold (Shimmy)
3 - 4 Recover To L, Hold (Centre)
1 - 2 Rock R Back, Bending Upper Body Back, Hold
3 - 4 Recover To L, Hold

Option 2 Right Rocking Chairs

Option Here For Body Rolls Forward And Back(As If Sitting In A Chair Then Getting Out Off The Chair)

Option to Shimmy or Shake Shoulders Forward and Back then Back , Forward

SEC 4 [25 – 32] JAZZ BOX, CROSS, BALL, CROSS , BALL, CROSS

1 - 2 Cross L Over R , Step R Back,
3 - 4 Step L Side , Cross R Over L
5 - 6 Stepping R Side On Ball of R Foot, Cross L Over R
7 - 8 Stepping R Side On Ball of R Foot, Cross L Over R

Counts 6 -8 Options

Travelling to the Right Toe Heel Toe Heel Swivel
Side Together Side Together , Or Side, Cross, Side , Together
Side Together Side Together of Snake Body Roll R Then L

Finishes Faces 3.00. Complete Entire Wall -- Turn ¼ L To Face Front

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Youtube Site Annemaree Sleeth <https://www.youtube.com/user/frederina521>