

# Tracks of my Tears

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**Choreographer:** Joshua Talbot, January 2016 Sheet written 15/01/16  
**Description:** 32 count, 4 wall Intermediate  
**Music:** Tracks of my Tears *By* Jessica Mauboy  
**Album:** The Sapphires movie soundtrack  
Available on iTunes  
**YouTube Video:** Search on account 'Helenng27' or Facebook-'Joshua Talbot'

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**1-8 R DOROTHY, ¼ SIDE, R SAILOR, CROSS ½ TURN, BEHIND ¼ FWD**  
12&3 Step R fwd, lock L behind R, step R fwd, ¼ turn R step L to L  
4&5 Step R behind L, step L to L, step R to R (*turn body to face 4 o'clock on count 5*)  
6&7 Cross L over R, ¼ L step R back, ¼ L step L to L (*turn body to face 11 o'clock on count 7*)  
8& \*\* Step R behind L, ¼ L step L fwd\*\*

**9-17 ½ PIVOT, SHUFFLE FWD, ½, ¼ LUNGE, ¼ REPLACE, ¾, CROSS**  
123&4 Step R fwd, ½ turn L taking weight L, step R fwd, step L together, step R fwd  
567 ½ R step L back, ¼ R lunge R to R, replace weight L making ¼ L  
8&1 ½ L step R back, ¼ L step L to L, cross R over L

**18-25 TOUCH, BACK SWEEP, SAILOR ½ CROSS, SIDE, BEHIND, ¼, PIVOT ½**  
23 Touch L to L, step L back sweeping R to back  
4&5 Step behind L, ¼ R step L slightly fwd, ¼ R step R over L  
678&1 Step L to L, step R behind L, ¼ L step L fwd, step R fwd, ½ L take weight L

**26-32 ½ BACK, SIDE, CROSS SHUFFLE, SIDE, CROSS, REPLACE ¼**  
234&5 ½ L step R back, step L to L, cross R over L, step L to L, cross R over L  
678 Step L to L, cross R over L, replace weight L as you make ¼ R to start again

**Optional Turn for counts 27-30: ¼ FWD, ½ SHUFFLE, ¼ SIDE**  
3,4&5,6 ¼ L step L fwd, ¼ L step R to R, step L together, ¼ L step R back, ¼ L step L to L

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## 32 counts

**Restart: Wall 3; Dance to count 8&\*\* Then restart wall 4 at 12o'clock.**

**Tag: : End of wall 5 add the following 4 counts;**

12 Step R fwd, touch L together with a click  
34 Step L to L pushing hips L while dragging R together, touch R  
together

**End of wall 6 omit the final ¼ turn on count 32 and add the following 4 counts;**

12 Rock R to R, replace weight L  
34 Cross R over L, replace weight L as you make ¼ turn R