

# TOUGH

SONG: "TOUGH" by KELLIE PICKLER.  
ALBUM: "TOUGH" Single.  
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.  
CHOREOGRAPHER: GORDON ELLIOTT. Sydney. NSW. AUSTRALIA. August 2013

Contact 02 9550 6789 Website [www.dancewithgordon.com](http://www.dancewithgordon.com)  
 This Video and others can also be viewed via my website  
 To view this dance by Gordon visit <http://youtu.be/3RV29wdwfkY>

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1 & 2 3 & 4 5 & 6 7 & 8	<p><b>COASTER CROSS, SIDE-ROCK-ACROSS. SIDE SHUFFLE 1/4 TURN, QUICK PADDLE-ACROSS</b></p> <p>COASTER: STEP R BACK, STEP L TOGETHER, STEP R ACROSS IN FRONT OF LEFT            STEP L TO THE SIDE, SIDE ROCK ONTO R, STEP L ACROSS IN FRONT OF RIGHT,            SIDE SHUFFLE RIGHT TURNING 90° RIGHT STEP : R-L-R,            PADDLE : STEP L FORWARD, TURN 90° RIGHT TAKE WEIGHT ONTO R,            STEP L ACROSS IN FRONT OF RIGHT.</p>
1 & 2 3 & 4 5 & 6 7&8 ##	<p><b>SIDE SHUFFLE, ACROSS-ROCK-1/4 FORWARD, FULL TRIPLE FORWARD, MAMBO FORWARD</b></p> <p>SIDE SHUFFLE TO THE RIGHT STEP : R-L-R,            STEP L ACROSS IN FRONT OF RIGHT, ROCK ONTO R,            TURN 90° LEFT STEP L FORWARD,            TURN 180° LEFT STEP R BACK, TURN 180° LEFT STEP L FORWARD,            STEP R FORWARD,            STEP L FORWARD, ROCK BACK ONTO R, STEP L TOGETHER.</p>
1 & 2 & 3, 4 5 & 6 7 & 8	<p><b>HEEL &amp; HEEL &amp; FORWARD, ROCK, FULL TRIPLE BACK, COASTER STEP</b></p> <p>TOUCH R HEEL FORWARD, STEP R TOGETHER,            TOUCH L HEEL FORWARD, STEP L TOGETHER,            STEP R FORWARD, ROCK BACK ONTO L,            TRAVEL BACK TURNING 360° RIGHT TRIPLE STEP : R-L-R,            COASTER : STEP L BACK, STEP R TOGETHER, STEP L FORWARD.</p>
1 & 2 & 3, 4 & 5, 6 7, 8	<p><b>KICK BALL STEP-OUT-OUT, CLAP &amp; ACROSS, CLAP, 1/2 UNWIND, KICK</b></p> <p>KICK R FORWARD, STEP R TOGETHER, STEP L FORWARD,            STEP R TO THE SIDE, STEP L TO THE SIDE, HOLD &amp; CLAP,            STEP L TO THE CENTRE, STEP R ACROSS IN FRONT OF LEFT, HOLD &amp; CLAP,            TURN 180° LEFT UNWIND TAKE WEIGHT ONTO L, KICK R FORWARD.</p>
32	REPEAT THE DANCE IN NEW DIRECTION
	<b>RESTART:</b> On WALL 4 dance to BEAT 16 ( ## ) then RESTART the dance FACING the BACK.