## Throw Your Hands Up

MUSIC: Throw Your Hands Up by Qwote (feat Pitbull & Lucenzo) CHOREOGRAPHER: Jessie & Ryan Riethmuller – May 2012

COMMENT: 32 Count, 4 Wall, Beginner

START after 48 counts (after lyrics Lets Go, Lets Go)

## DANCE DESCRIPTION

1-8	Rock, Pivot, Pivot, Hip R,L
1,2,3,4	Rock R Back, replace weight fwd on L, Step R fwd half pivot, *
5,6,7,8	Step R fwd half pivot, Step R to Side, Push Hip R, Push Hip L**
9-16	Vine R, Vine L
1,2,3,4	Step R to side, Step L behind, Step R to Side, Jump (with clap)
5,6,7,8	Step L to side, Step R behind, Step L to Side, Jump (with clap)
17-24	Rocking Chair x 2
1,2,3,4	Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L **
5,6,7,8	Rock R fwd, Replace weight back on L, Rock R Back, Replace Weight fwd on L
25-32	Jazz box 1/4 R, Rock, Walk Back
1,2,3,4	Cross R over L, Step Back on L, ¼ turn stepping Right Forward, Step L beside R
5,6,7,8	Rock R fwd, Replace weight back on L, Walk back R, L

"Optional" Styling (Pretty much a must if you really want to enjoy this dance)

- \* On Pivot Turns, have hands over head in circular motion (helicopter arms)
- \*\* Wave Hands Right, Left, when Pushing Hips Right, Left

32

\*\*\* On Rocking Chairs, swing arms fwd & back (opposite to the foot that's forward). Crouch down a little when rocking back.

ENJOY! ©



Jessie. 0421 765 019 Ryan. 0408 387 320 Email. ryanandjessie@optusnet.com.au