

# The Tulsa Shuffle

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**Count:** 48

**Wall:** 2

**Level:** Improver

**Choreographer:** Janene Gloria Lawson - August 2021

**Music:** The Tulsa Shuffle - The Tractors

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**The dance commences after the intro lyrics (count of 4)**

**[1-8] Side Shuffle R, Rock Back, Side Shuffle L, Rock Back.**

1&2 Step R to RS, Step L beside RF, Step R to RS,  
3&4 LF Rock Back, Recover on RF,  
5&6 Step L to LS, Step R beside LF, Step L to LS,  
7&8 RF Rock Back, Recover on LF,

**[9-16] Shuffle Fwd, Rock Fwd, Reecover, Shuffle Back, Rock Back, Recover**

9-12 Shuffle Fwd R,L,R, LF Rock Fwd, Recover on RF.  
13-16 Shuffle Back, L,R,L, RF Rock Back, Recover on LF.

**[17-20] Side Points, R,L,R, Hold.**

17-20 Point Toes to Side, R,L,R, Hold With a Clap

**[21-32] 1 x R Sailor, 1 x L Sailor, Repeat. 2 Kick Ball Chains.**

21&22 RF behind L, Step LF to L side, Step RF to R side. Hold.  
23&24 LF behind R, Step RF to R side, Step LF to L side. Hold.  
25&26 RF behind L, Step LF to L side, Step RF to R side. Hold.  
27&28 LF behind R, Step RF to R side, Step LF to L side. Hold.  
29&30 Kick RF Fwd, Step R together, Step L Together  
31&32 Kick RF Fwd, Step R together, Step L Together

**[33-40] 2 x ¼ Montereys ( to ½ Turn)**

33-36 Touch R to R side, on ball of LF ¼ turn R while sliding RF in beside LF,  
Touch L to L side, LF beside R.  
37-40 Touch R to R side, on ball of LF ¼ turn R while sliding RF in beside LF,  
Touch L to L side, LF beside R

**[41-48] Jazz Box, Rocking Chair.**

41-44 Step RF across LF, Step LF to L Side, Step RF to R side, Step LF beside RF.  
45-48 Rock RF Fwd, Recover on LF, Rock RF Back, Recover on LF.

**Happy Dancin'! Facebook Page: Bossy Boots Dancin' Choreography**