

# THE SWEETEST DAYS

SONG: "THE SWEETEST DAYS" by VANESSA WILLIAMS.  
ALBUM: "THE SWEETEST DAYS"  
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.  
CHOREOGRAPHER: AMANDA BOWDEN (VIC) & GORDON ELLIOTT (NSW). June 2017

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1 & 2 3 & 4 & 5 6 & 7, 8	<p><b>COASTER FORWARD, BEHIND-1/4 FORWARD-QUICK PIVOT-FORWARD FULL HITCH, FORWARD-TOGETHER-BACK, BACK</b>            COASTER : STEP R FORWARD, STEP L TOGETHER, STEP R BACK,            SWEEP TO STEP L BEHIND RIGHT, TURN 90° RIGHT STEP R FORWARD, (3.00)            PIVOT : STEP L FORWARD, TURN 180° RIGHT TAKE WEIGHT ONTO R, (9.00)            STEP L FORWARD TURNING 360° RIGHT HITCH R, (9.00)            STEP R FORWARD, STEP L TOGETHER,            SWEEP TO STEP R BACK, SWEEP TO STEP L BACK. (9.00)</p>
1 & 2 & 3 & 4 & 5, 6 & 7, 8 &	<p><b>BACK-HOOK-FORWARD-SWEEP-ACROSS-SIDE-BEHIND-SIDE-ACROSS, ROCK &amp; ACROSS, ROCK &amp;</b>            STEP R BACK, HOOK L HEEL TO RIGHT SHIN,            STEP L FORWARD, SWEEP R TOE TO THE SIDE, (9.00)            STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE,            STEP R BEHIND LEFT, STEP L TO THE SIDE,            STEP R ACROSS IN FRONT OF LEFT, ROCK ONTO L, STEP R TOGETHER,            STEP L ACROSS IN FRONT OF RIGHT, ROCK ONTO R, STEP L TOGETHER. (9.00)</p>
1 2 & 3 4 & 5 6 & 7, 8 &	<p><b>FORWARD 1/2 SWEEP, BEHIND-SIDE-ACROSS, SIDE-ROCK-ACROSS, 1/4 BACK-1/2 FORWARD-FORWARD, ROCK &amp;</b>            STEP R FORWARD TURNING 180° LEFT SWEEP L TOE TO THE SIDE, (3.00)            STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT,            STEP R TO THE SIDE, SIDE ROCK ONTO L, STEP R ACROSS IN FRONT OF LEFT,            TURN 90° RIGHT STEP L BACK, TURN 180° RIGHT STEP R FORWARD, (12.00)            STEP L FORWARD, ROCK BACK ONTO R, STEP L TOGETHER. (12.00)</p>
1, 2 3 & 4 5 & 6 & 7, 8 & **	<p><b>PIVOT TURN, ROLL FORWARD-FORWARD, BACK-1/2 FORWARD-1/4 SIDE &amp; ACROSS, ROCK &amp;</b>            PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO L, (6.00)            TURN 180° LEFT STEP R BACK, TURN 180° LEFT STEP L FORWARD, (6.00)            STEP R FORWARD,            STEP L BACK, TURN 180° RIGHT STEP FORWARD, (12.00)            TURN 90° RIGHT STEP L TO THE SIDE, STEP R TOGETHER, (3.00)            STEP L ACROSS IN FRONT OF RIGHT, ROCK ONTO R, STEP L TOGETHER. (3.00)</p>
32	REPEAT THE DANCE IN NEW DIRECTION
1 & 2 3 & 4 5, 6 7, 8	<p><b>TAG :</b> At the END ( ** ) of WALL 2 (6.00) ADD the following tag :            COASTER : STEP R FORWARD, STEP L TOGETHER, STEP R FORWARD,            COASTER : STEP L BACK, STEP R TOGETHER, STEP L FORWARD,            ROCKING CHAIR : STEP R FORWARD, ROCK BACK ONTO L,            STEP R BACK, ROCK FORWARD ONTO L.</p>