



# The One

**Choreographed by:** Linda Pink L.V Country Line Dancers, Latrobe Valley, Victoria  
**Song:** Still the One **By:** Orleans **Album:** Still the One : Available on Itunes  
**Count:** 32 **Walls:** 4 **Level:** Raw Beginners **Date:** June 2016  
 No Tags / Restarts Introduction 32 3.53 min  
 Split Floor for S.T. One (Still The One)

BEATS	STEPS	Call	DIRECTION
1,2 3,4 5,6 7,8	Step R Forward, Lock L Behind R, Step R Forward, Scuff L Step L Forward, Lock R Behind L, Step L Forward, Touch R next to L	<b>Step, Lock,</b> <b>Step, Scuff</b> <b>Step, Lock,</b> <b>Step, Touch</b>	12
1,2, 3,4, 5,6 7,8	Step R Back at 45 deg, Touch L next to R Step L back at 45 deg, Touch R next to L Step R Back at 45 deg, Touch L next to R Step L back at 45 deg, Touch R next to L	<b>Zig Zag Back</b>	12
1,2, 3,4 5,6 7,8	Step R to the side, Step L behind R, Step R to the side, Touch L next to R Step L to the side, Step R behind L, Turn ¼ turn Left step L Forward , Scuff R Forward	<b>Vine Right &amp; Touch</b>  <b>Vine Left ¼ Turn Scuff</b>	9
1,2 3,4 5,6, 7,8	Step R Heel Forward, Drop R toe to the Floor Step L Heel Forward, Drop L toe to the Floor Step R Forward at 45 deg Right, Step L Forward at 45 deg Left Step R back to the centre, Step L next to R	<b>Heel Strut, Heel Strut</b>  <b>V Step</b>	9

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