

The Old Crow Stroll



SONG
CHOREOGRAPHER
DESCRIPTION
COUNT

Fly Like a Bird – Boz Scaggs
Phyllis Charlton, Crows Nest, QLD
4 wall – Beginner
64

Crows Nest Bootscooters

BEATS

STEPS

SIDE ROCK, RECOVER, HOLD X 2

1-4 Rock to side on L, recover, step L tog, hold
5-8 Rock to side on R, recover, step R tog, hold

ROCK BACK, RECOVER, HOLD, ROCK FWD, RECOVER, HOLD

9-12 Rock back on L, recover, step L tog, hold
13-16 Rock fwd on R, recover, step R tog, hold

STROLL L,R,L THEN STROLL R,L,R

17-20 Step fwd on L, step R tog, step fwd on L, hold
21-24 Step fwd on R, step L tog, step fwd on R, hold

HEEL, HOLD, TOE, HOLD, WALK BACK & TOUCH

25-28 Tap L heel fwd, hold, tap L toe back, hold
29-32 Walk backwds L,R,L, touch R beside L

RIGHT FRIEZE & TOUCH, LEFT FRIEZE WITH ¼ TURN L & TOUCH

33-36 Step R to right side, step L behind R, step R to side, touch L tog
37-40 Step L to left side, step R behind L, turning ¼ turn left step L to fwd, touch R tog

STEP RIGHT, TOUCH, STEP LEFT, TOUCH, STEP BACK, TOUCH, STEP FWD, TOUCH

41-44 Step R to right side, touch L tog, step L to left side, touch R tog
45-48 step back on R, touch L tog, step fwd on L, touch R tog

STROLL R,L,R THEN STROLL L,R,L

49-52 Step fwd on R, step L tog, step fwd on R, hold
53-56 Step fwd on L, step R tog, step fwd on L, hold

HEEL, HOLD, TOE, HOLD, WALK BACK & TOUCH

57-60 Tap R heel fwd, hold, tap R toe back, hold
61-64 Walk backwds R,L,R, touch L beside R

START AGAIN